**Spotlight on Volunteers**

In this issue we are “spotlighting” two very special volunteers at Sacred Heart Hospital: Jan Ray and Shirley Olson.

**JAN RAY**

Jan Ray’s volunteerism is an act of love for children. You won’t see Jan at HSHS Sacred Heart Hospital very often except when she brings in her handiwork. Since 2011, Jan has been knitting baby hats for the newborns at Sacred Heart Hospital. In addition, she knits Christmas stockings with matching hats for babies born during the week of Christmas, for a yearly working inventory of 25. Each stocking takes approximately 18 hours to create.

Jan also “recycles” new knitted or crocheted baby hats which are too big (or small) or the wrong color for newborns. She disassembles the hats and uses the yarn to knit hats for needy elementary students as well as newborn baby hats. These hats take Jan approximately 5 hours each while the baby hats take about 4 hours to complete.

For the year 2018, Jan has knit 59 hats for school-age children, 11 Christmas stockings and seven Christmas hats for newborns. She has also knit two men’s hats and ten ladies’ hats for the “Mitten Tree” at the Hospital. In recycling hats, since she began, Jan has taken apart 326 hats and out of the yarn made 476 hats.

Jan’s talent is awesome, and we offer our gratitude and thanks for her contributions and dedication!

**SHIRLEY OLSON**

Shirley Olson, a very dedicated volunteer for Sacred Heart Hospital, began volunteering on February 28, 2001, almost 18 years ago. She passed away on Monday, December 31, 2018, at Sacred Heart Hospital. She gifted 14,357.75 hours of her time which equated to about 800 hours per year. Shirley touched the lives of so many people and made every attempt to lift the spirits of all to whom she came in contact.

Shirley began volunteering in the Laundry folding linens and helped in the Nutrition Services with Meals on Wheels and setting up catering events. When asked what she liked best about volunteering, Shirley replied she enjoyed helping others and the interaction with Hospital employees and other volunteers. She loved to give hugs.

She was a very special lady who dearly loved this hospital and all the people she worked with over the years. Shirley will be greatly missed by volunteers and colleagues.

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**To Our Volunteers**

Happy New Year to You
And when the new year’s done,
May the next year be even better
Full of pleasure, joy and fun!

Beautiful Christmas lights on the trees and the Manger Set light up the front of HSHS Sacred Heart Hospital for all to see. The Love-Light Project is the largest fundraising event for the Volunteer Partners, with all proceeds going to the Healing Place.

(Article on page 7)
Dear Volunteer Partners,

I’ve been in the Chippewa Valley for nearly a year now, and I say without conviction that you – our volunteers – and the colleagues of HSHS Sacred Heart Hospital and our sister hospital in Chippewa Falls are incredibly welcoming and fiercely hard working.

It’s not difficult to see your persistence and how it pays off. Just last month I watched as nearly 200 people poured into our chapel on a Sunday night for your Love-Lights celebration to honor and remember family and friends. Some were somber. Others were hugging each other. All were there because of you and your hard work to make sure this community knows we’re here for them at all times.

That’s what’s so unique about what we do at our HSHS hospitals. It’s not simply about taking people in and fixing their bodies. It’s about fueling their souls by offering joy, hope, love and compassion. Our mission is what sets us apart. It’s our goal to hear and respond – to recognize a need and provide, and to share the heritage of care, which is our hospital’s legacy.

Without you our puzzle would be missing a piece. You embody our core values of respect, care, competence and joy. And every day you reveal and embody Christ’s healing love for all people through our high quality Franciscan health care ministry. Thank you for your hard work to keep Sacred Heart the hospital of choice for those in the Chippewa Valley.

“Faith is confidence in what we hope for and assurance about what we do not see.”
Hebrews 11:1

Sincerely,
Andy J. Bagnall
President and CEO, HSHS Sacred Heart Hospital

MISSION IN ACTION

The Volunteer Services Department has been collecting hygiene kits to help homeless and low-income elementary, middle and high school students. The kits are created and then distributed by the District homeless school site managers.

HSHS Sacred Heart Hospital colleagues and volunteers have been very generous in supporting this program. The homeless school site managers are very pleased our volunteers and colleagues are working toward the betterment of the program to help make a difference in children’s lives. There were 178 hygiene kits given to the Eau Claire and Chippewa School districts!

New Volunteers Welcome

Welcome to the volunteers who have joined the Volunteer Partners Program at HSHS Sacred Heart Hospital since September, 2018. You are providing a valuable service to the patients, their families and hospital staff while being a critical part of the hospital’s healing mission as you give your time and talents. Thank you for your service!

ADULTS
Cheryl Helland
Amy Miller
Dave Nelson
Kathy Petersen
Sharon Schank

COLLEGE
Kira Bundy
Chloe Davis
Claire Fabian
Maddy Marasch
Tori Palzkill
Kailee Pomasl
Kyle Posselt

HIGH SCHOOL
Seth Miller

HANDCRAFTERS
Kari Court
Barb Duerkop
Sharon Griffin

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Feb. 2019</td>
<td>Pizza Ranch Fundraising Event</td>
<td>Pizza Ranch</td>
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<tr>
<td>April 7-13, 2019</td>
<td>National Volunteer Week</td>
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<tr>
<td>April 22, 2019</td>
<td>Luncheon/Annual Business Meeting</td>
<td>Monsignor Klimek Auditorium</td>
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Historical Corner

DAILY POINT OF LIGHT AWARD

In June, 2013, the Volunteer Partners of Sacred Heart Hospital were awarded the “Daily Point of Light” for their demonstrated efforts in helping to meet community needs through volunteer work at the Hospital. This is a National award which then Volunteer Partners Board of Directors President Jaci Fuller pursued by submitting an application.

Created by President George H. W. Bush in 1989, the Daily Point of Light Award honors individuals and groups creating meaningful change in communities across America. President Bush established the Daily Point of Light to engage individuals, families and groups to solve community problems through volunteer service. Each weekday, one volunteer or volunteer group is recognized with the Daily Point of Light Award.

For information regarding Daily Point of Light, go to their website, pointsoflight.org/dailypointoflight. Volunteer Partners of Sacred Heart Hospital, Eau Claire is award number 4641.
The Volunteer Partners of Sacred Heart Hospital is an organization made up of the volunteers of the Hospital and part of the Partners of WHA (Wisconsin Hospital Association). Volunteers who volunteer on a regular basis are considered members. They pay no dues, can serve on committees and are eligible to be elected to serve on the Board of Directors. Elections are held at the annual business meeting during the spring luncheon. Anyone interested in serving on the Board can contact any board member.

The objectives of the Volunteer Partners is to assist HSHS Sacred Heart Hospital in meeting the high standards in caring for the sick, the aged, poor and terminally ill, to raise funds for Hospital projects, and to promote the interests of the Hospital within the community.

Expansion of our Volunteer Partners is an initiative that I feel we all need to consider. It will require our personal involvement to reach out into our community to expand the family of volunteers at HSHS Sacred Heart Hospital. We have referred to this initiative as “Each One Reach One”. Over the last few months we have contacted all area churches to ask for their assistance by including a notice in their respective bulletins putting forth the opportunity for their members to further serve the Eau Claire community through our joint interest in expanding our Volunteer Partners. We will follow up on these initial contacts in an effort to continue our mutual commitment to the mission of HSHS Sacred Heart Hospital.

Thank you for all that you do!

Bill McCullough, Volunteer Partners President

A note from your President

Here we are roughly one-half way through our volunteer Year, and what, might you ask, has been happening since our September Newsletter? Well, it is always important to reflect on that, to better understand the challenges, results, and project some future events, so here we go....

Since our Fall Newsletter, we have completed a successful West Central District/Partners of WHA Meeting on September 11th here at Sacred Heart Hospital with all seven hospital volunteer partners represented. Meaningful brainstorming sessions were conducted to address completed events, success, and the challenges of their respective hospitals.

Our first Fall Social was held for all volunteers with a feeling of early success in gathering fellow volunteers together for the purpose of collaboration and building rapport and to further the development of friendships with our fellow volunteers.

This fall, volunteers were called, and responded to assist in gathering and filling school supplies in back packs for needy school children and later this fall, helped to assemble hygiene kits for Eau Claire County homeless school-age children.

Certainly, fundraising is one of the most significant functions we as Volunteer Partners perform. Noteworthy is the presentation of our first substantial pledge payment of $34,000 to the Prevea Cancer Center in mid-October, our first of three to be made. We participated in successful coat and food drives. In November we held our annual Linen Sale for one day only this year, but with considerable success. On December we celebrated the beginning of the Christmas Season with our wonderfully successful Love Lights Event. We raised over $26,000! A very large Thank You to all who worked diligently to bring this event to ongoing success! We hosted the annual Jewelry and Gift Sale with wonderful success. The Book Sale was also held in December and was successful.

A new fundraiser with cooperation from the Pizza Ranch will be held one day in February and another in April. We will be asking for volunteers to act as hosts for these two events in greeting the customers of the Pizza Ranch and collecting tips for the services we offer, i.e., clearing tables and offering a friendly welcome and idle conversation! We will also share in the sales from the two night’s events. Yes....we will be looking for a few friendly volunteers to participate in this interesting and potentially profitable event.

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Happy New Year! This newsletter always comes out in January each year so the Christmas Season of Joy will have passed and ringing in 2019 will be “old news.” What still rings true, though, is the opportunity to start the year in a positive direction.

We have an out with the old and in with the new look for our volunteers at both ministries. It was long awaited, but we finally received our new lanyards and badge identification to enhance the image of our volunteers. If you haven’t yet received your “updated do,” make sure to stop by the office. Everyone looks so spiffy, but then again you always look great. Vests are no longer required nor are they being purchased or furnished. For those folks who previously purchased their vest or like wearing a vest, you may still do so along with the new identification. You may have a new look but will continue providing the same compassionate, supportive services for patients, their families and hospital staff—always with a smile!

This summer we changed the hours of the gift shop, closing on Sundays as well as closing at 6 PM instead of 7 PM. Strategically speaking, I look to streamline processes at both ministries now that I have oversight of both Sacred Heart and St. Joseph’s Hospitals’ volunteer programs. To that end starting in January we will also be closed on Saturdays. For the past two years, St. Joseph’s Hospital has been closed on weekends. In January, they will be open M-F, 8 AM - 4:30 PM while at Sacred Heart we will still maintain the 8 AM – 6 PM hours of operation, M-F. No weekends or holidays.

Another long-awaited change has been the Information Desk coverage. I offer grateful thanks to all the volunteers who stepped up and provided additional coverage as we worked on hiring a new colleague. Numerous factors have weighed into subsequent 2019 changes. Combined efforts of the Emergency Department and Registration resulted in a new process that started Monday, December 17. Because of this new process, we were also able to realign our area of support. Starting the first week in January, we will be open from the hours of 8 AM – 4:30 PM; Monday through Friday. No weekend coverage by staff. We welcome new colleague, Carol Oller, to her position starting January 7. For the past five years, Carol has been an ever faithful volunteer anchoring the Information Desk every other weekend. She has a great personality, is quite knowledgeable about our processes, and possesses the skillset to help update and maintain information as needed. Welcome Carol!

Looking back or looking forward, I remain steadfast in my appreciation for your presence and support of our Mission of Care. Thank you for all we endured and accomplished in 2018, your resilience, your laughter, your willingness to step up and give even more of yourselves, and thank you as we work side by side in this new year of hope, abundant possibilities and joy of everyday living.

I don’t know whose quote this is but I like it: “It’s not the destination, it’s the journey. May you enjoy each day of your adventure.” Happy New Year!

Lamentations 3:22-23: Because of the LORD’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. May God Bless,

Mary Pengra, WWD Director
Volunteer & Community Services

Volunteer Partners

For Your Information

HEARTS OF JOY
The HSHS Sacred Heart Hospital choir, the “Hearts of Joy,” sings at special events at the Hospital and also in the community. In December, we sang at the Love-Lights ceremony at the Hospital and also at the Healing Sounds of Christmas program at the Florian Gardens. We sang Christmas carols during the Christmas dinners at both Sacred Heart Hospital and St. Joseph’s Hospital. We also sang at Dove South and the St. Francis Apartments.

The choir consists of colleagues and volunteers of the Hospital who enjoy singing together and uplifting the spirits of their listeners. One choir member stated, “I feel so very privileged to be a part of this wonderful, meaningful group. "Bringing joy to others is what it’s all about!” Another said, “I enjoy practicing and performing with everyone and also putting smiles on faces when we perform!”

Would you like to be a part of this fun group? Do you enjoy singing? Then we invite you to join us! We practice in the chapel on Tuesdays at 4:30 p.m. For more information, please email the director of the choir, Annelies White at anneliesslack@gmail.com or call her at 715-828-0492. We hope to see you in the choir soon!

Steve Werner, Choir Member

Board Updates

A TIME TO REMEMBER
The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers who will be honored in the TAG (Tuition Assistant Grant) Program: Mac (Agnes) Schroer, Lorraine Hansen, Bernice Kassing and Shirley Olson.

Our sympathy and prayers to the following volunteers on the loss of a loved one or experiencing serious illness: Pat Janowitz, Ann Lamourex, Cathy Vanderheiden and Don Winnich.

WEST CENTRAL DISTRICT OF THE PARTNERS OF WHA

The West Central District is made up of seven active hospital volunteer organizations: Partners of HSHS St. Joseph Hospital - Chippewa Falls; Cumberland Healthcare Volunteer Partners – Cumberland; Volunteer Partners of HSHS Sacred Heart Hospital – Eau Claire; Partners of Osceola Medical Center – Osceola; Volunteer Partners of River Falls Area Hospital – River Falls; St. Croix Regional Medical Center Volunteer Partners – St. Croix Falls; and Partners with our Lady of Victory Hospital – Stanley.

The present West Central District officers and chairs include: Jaci Fuller, Chair; John Tully, Chair-Elect; Betty Oddo, Secretary/Treasurer; Bill McCullough, Public Policy Education Chair, and Bonnie Olson, Community Health Education Chair.

Jaci Fuller, Chair
West Central District of the Partners of WHA

AFTER GLOW
I’d like the memory of me
To be a happy one.
I’d like to leave
an after glow of smiles when life is done.
I’d like to leave
an echo whispering softly down the ways.
Of happy times and
laughing times and
bright and sunny days.
I’d take the tears of
those who grieve
to dry before the sun.
Of happy memories
that I leave
when life is done.

(author unknown)
**PUBLIC POLICY AND EDUCATION**

In the latest Wisconsin Hospital Association Annual Health Care Workforce Report in October, 2018, several workforce challenges were addressed. These challenges included physician shortages in primary care, rapid growth in advanced practice clinician employment, and increased difficulty in finding entry level workers.

With aging health care physicians, and an aging population, healthcare is the main issue in the forefront of the general public. To aid the shortage of the healthcare workforce, telemedicine and technology are playing a greater role in patient care. Electronic records have been implemented. Matching grants and other incentives are being used for graduate medical education. Internships are being offered.

According to the report, “finding certified nurse assistants continues to be one of the most challenging issues facing the healthcare workforce.” An increased workforce could increase access to post care options. The most challenging issue facing the healthcare workforce is the shortage of the healthcare workforce, including doctors, nurses, and other healthcare professionals.

Sharon Schug, PPE Chair

**HEALTH EDUCATION**

The New Year is here and everyone is starting their resolutions. One of the things that the holidays often bring us is overspending. We buy gifts and end up racking up the credit card debt. Most people that use credit cards don’t pay them off monthly and fall into the gimmicks that the credit companies lure us into. If you are one of those people that have issues with credit card debt, the best way is to stop using the cards and stop creating the debt to get out of it. You may just have to cut them up. Some people will keep one with a very low balance for the time they are required to have one, i.e., rent a car, etc.

**Here are six suggestions to help with debt relief:**

1. **Look for part-time work or do some overtime for a short period of time.**
2. **Have IRS take an extra $40 per pay period, if you usually get a refund.**
3. **Cut back on eating out and if you do go out to eat, don’t have a credit card with you.**
4. **Reduce monthly bills. Evaluate cable and phone services, etc.**
5. **Buy less stuff. Always ask yourself - do I need this or just want this.**
6. **Drive less. It is amazing how many unnecessary trips we make. Try to combine errands when driving. These are just some suggestions to help with addressing debt. Remember food and gas, always get cash.**

(Information in this article provided by Dan Erickson, life coach.)

Carol Gasset, CHE Chair

**TAG (TUITION ASSISTANCE PROGRAM)**

The Volunteer Partners are pleased to announce that $1,000 Tuition Assistance Grants will be available for five colleagues or volunteers who are currently pursuing a degree in the healthcare field. The purpose of the program is to give financial support to colleagues and volunteers who are furthering their education so that they may further carry out the Hospital's mission of providing high-quality Franciscan healthcare.

Applications for these grants will be reviewed by the TAG Committee. The determination of the financial need of each of the candidates, along with their interviews, will be of special importance in selecting the recipients of the grants.

Applications for these grants will be reviewed by the TAG Committee. The determination of the financial need of each of the candidates, along with their interviews, will be of special importance in selecting the recipients of the grants.

The deadline for submitting applications to the Director of Volunteer Services is January 31, 2019. The TAG application form and accompanying information are available on the Hospital’s intranet under Peoples Services/Benefits section (Tuition Assistance Grant). Forms are also available in the Volunteer Office.

Steve Werner, TAG Committee Chair

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**Gift Shop News**

Everyone’s favorite pick-me-up in the Gift Shop seems to be a Knutson caramel. Three for $1.00 is an inexpensive treat when your sweet tooth is calling. Three for $100 allows you to eat one of them on the elevator on the way up to visit a guest in a hospital room and still have one for each of you to share when you get there. Three for $100 is also a nice thank you gift to someone who helped you with a project or some other generous deed. And of course you are not limited to just three! Twelve, eighteen, three, a dozen... your caramels, your choice.

Day in and day out, we sell caramels each and every day, without exception! So, to start the year off with a little fun, if you can correctly guess the number of caramels we sold during the year of 2018, you can win a $25 gift card from the Gift Shop.

Stop in the Gift Shop for an entry form and give it your best guess. Remember, each and every one of the caramels sold from January 1st until December 31st, 2018. We will announce the winner in the Gift Shop on January 31st.

Good Luck!

Jen Stuber, Gift Shop Coordinator

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**Past Events**

**PARTNERS OF WHA DISTRICT MEETING**

The 2018 Partners of WHA convention was held at Stevens Point on October 2-4, with a theme “Volunteers - Our Everyday Heroes.” Attending from the Volunteer Partners of HSHS Sacred Heart Hospital were Mark Richter - Board Member, Judy Peak - Board Member, Barb Filla - State PPE Chair, Jaci Fuller - West Central District Chair, and Mary Pengra, Director of Volunteer Services. The convention included interesting workshops, speakers, hospital displays, a CEO panel discussion and awards.

**WORKSHOPS ATTENDED**

We Must Keep Moving - Joe Tofferi, Performance Coach and owner of Train 4 Your Best, showed attendees of this workshop many good and safe techniques to keep our bodies moving pain free for years to come. If you are a retiree looking to improve your mobility, flexibility, balance and stamina, it is important to keep moving either in a group setting or developing your own exercise routine that you enjoy.

Judy Peak, Board Member
Past Events, cont.

Con Artist’s Playbook
Every year Americans lose billions of their hard-earned dollars to con artists. AARP launched the Fraud Watch Network to arm Americans with the tools they need to spot and avoid fraud and scams.

Some of the main points presented were:
1) Protect your personal information and social security number.
2) Monitor your bills and financial accounts.
3) Check credit reports. CreditKarma.com is a reliable site and it is free.
4) Protect PINS and passwords.
5) Check out a charity before donating to make sure they are legitimate at charitywatch.org

Judy Peak, Board Member

SCAMS & INVESTMENT FRAUDS
At the recent 2018 Partners of WHA convention, I attended the workshop Consumer Fraud. Suggestions were given in protecting yourself from identity theft and fraud. Five tips to help you keep your money safe from scammers and aggressive sales people include:

1) Check for warning signs.
2) Check all investment products.
3) Check the fit-ability to access your funds.
4) Check the person to make sure he/she is properly licensed.
5) Help protect others by informing them of avoiding investment fraud.

Ten tips to avoid fraud include:
1. Spot impostors.
2. Do on-line searches.
3. Do not believe caller ID.
4. Do not pay up-front for a promise.
5. Consider how you pay.
6. Talk to someone before you give up money or personal information.
7. Hang up on robo calls.
8. Be skeptical about free trial offers.
9. Do not deposit a check and then wire money back.
10. Sign up for free scam alerts.

For more information visit the website: datcp.wi.gov

Jaci Fuller, Volunteer Chair, West Central District of the Partners of WHA

LINEN SALE
The Volunteer Partners hosted the Annual Linen Sale at Sacred Heart Hospital on October 26, 2018. Available for purchase were plush blankets, memory foam bamboo pillows, 1200 thread count sheet sets, Sherpa throws and quilt sets. The profit of $645.48 will benefit the Tuition Assistance Grant program.

Thanks to all who made purchases and to the volunteers who helped with the sale. Congratulations to our door prize winners, colleagues Ann Dieckmann and Alissa Bauer!

Steve Werner, Chair

JEWELRY SALE
Many thanks to our colleagues, volunteers and visitors for making the Jewelry Sale a great success this year. Held on December 6 and 7, 2018, an attractive display was set up in the Rotunda. On December 6, refreshments (cookies, coffee and juice) were provided as a way of thanking the shoppers for supporting the Volunteer Partners fund raising events.

There were shoppers coming back twice to pick up items for Christmas and special occasions. The profit for the Volunteer Partners for this fund raising event was $1,400.

The winners in the drawings were: Laura Harvey, CCR; Michelle Wiesner, Radiology; Lami Harsh, SPD and Connye Kegan, PFS.

We are looking forward to seeing you all next year!

Judy Peak and Kathy Herfel, Co-chairs

Threshold Singers
Past Events

**ANNUAL COAT & BLANKET DRIVE**

Sharing the Warmth and making a difference in our community!

HSHS Sacred Heart Hospital’s Volunteer Services Department, King’s Closet and Redeeming Grace Church partnered in the annual Coat & Blanket Drive held on October 6, 2018. Volunteers assisted in collecting the items that were brought to the hospital and on distribution day. The Coat Drive served 167 households, distributed over 400 coats, 90 blankets and hundreds of winter hats, gloves, scarves, etc.

Donations not given out will be distributed in other communities and at King’s Closet. This community project is a free service to community residents in need of warm clothing for the cold winter weather approaching.

Thanks to the volunteers who assisted in this worthwhile project!

**LOVE-LIGHT PROJECT**

As piano music wafted throughout the lobby, young and old gathered at HSHS Sacred Heart Hospital on Sunday, December 02, 2018 to enjoy refreshments and to attend the 33rd annual Love-Light ceremony. Volunteer Carol Dittmar played beautiful Christmas music on the piano in the Atrium.

In the Father Christopher Chapel, Volunteer Partners President Bill McCullough welcomed the attendees to the ceremony. President and CEO of HSHS Sacred Heart Hospital Andrew Bagnall spoke of lightening hearts in a season of light. Amy Segerstrom, Coordinator of The Healing Place shared that The Healing Place is a free outreach to the community for individuals dealing with grief. Father John Schultz of Spiritual Care gave spiritual insights. Accompanied by Annelies White, the HSHS Sacred Heart Hospital Hearts of Joy Choir sang a selection of three Christmas songs.

At the end of the ceremony, the approximately 175 people attending were handed flashlights to light their way to the Healing Garden outside the Hospital where Christmas trees were blessed and lit with white lights memorializing deceased adults, blue lights memorializing deceased children, red and green lights, honoring living relatives and friends, and gold lights honoring living/deceased veterans/active veterans. Embellished with over 2,300 lights, the trees remained lit throughout the Christmas season.

The Love-Light fund-raiser generated over $26,000 for The Healing Place. To date, over a period of 30 years, the Volunteer Partners has donated more than $473,818 to the Healing Place. Preparations begin in October and require much teamwork from many volunteers. Thank you to Kathy Peterson for entering all the data into the computer. Thank you to all who helped process the forms. Thank you to Don Winrich for taking photos and to all who put in time and effort to make the event a success. Especially, thank you to DVS Mary Pengra who spent countless hours coordinating the fund-raiser and the event.

Sharon Schug
Volunteer Partners
BOOK SALE
A Book Sale was held on Monday, December 17, 2018, by the Volunteer Partners as a fundraising event. Colleagues, volunteers and visitors had the opportunity to buy those “last minute” gifts and a little something for themselves as well. The winner of the drawing was Julie Stewart, Nutrition Services.

The profit for the Volunteer Partners was $516.00. Many thanks to the volunteers who assisted and all of those who purchased items.

Mark Richter and Kathy Herfel, Co-Chairs

CHRISTMAS GIVING
Patients Remembered
On Christmas Eve Day, Board of Directors President Bill McCullough and President-Elect Steve Werner distributed to patients at Sacred Heart Hospital a gift of a small angel ornament along with wishes from the Volunteer Partners that Christmas and the new year bring blessings of health and healing.

Gifts given to first baby born in 2019 at Sacred Heart Hospital
Bill McCullough and Steve Werner delivered to the parents of the first baby born in 2019 at Sacred Heart Hospital gifts from the Volunteer Partners. A beautiful hand-knit layette set contributed by a volunteer and gift of $100 for the baby were presented to the parents.

HAPPINESS RECIPE
SERVES EVERYONE FROM THE KITCHEN OF LOVE

1/2 Cup of Friendship..................................................................................................................1 Cup of Thoughtfulness

Cream together with a pinch of powdered tenderness. Very lightly beat in a bowl of loyalty, with 1 cup of faith and one of hope and one of charity. Be sure to add a spoonful each of gaiety that sings and the ability to laugh at little things. Moisten with sudden tears of sympathy, bake in a good-natured pan and serve repeatedly.
VOLUNTEER PARTNERS

Past Events, cont.

Con Artist’s Playbook

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Some of the main points presented were:
1) Protect your personal information and social security number.
2) Monitor your bills and financial accounts.
3) Check credit reports. CreditKarma.com is a reliable site and it is free.
4) Protect PINS and passwords.
5) Check out a charity before donating to make sure they are legitimate at charitywatch.org.

Judy Peak, Board Member

SCAMS & INVESTMENT FRAUDS

At the recent 2018 Partners of WHA convention, I attended the workshop Consumer Fraud. Suggestions were given in protecting yourself from identity theft and fraud. Five tips to help you keep your money safe from scammers and aggressive sales people include:
1) Check for warning signs.
2) Check all investment products.
3) Check the fit-ability to access your funds.
4) Check the person to make sure he/she is properly licensed.
5) Help protect others by informing them of avoiding investment fraud.

Ten tips to avoid fraud include:
1. Spot impostors.
2. Do on-line searches.
3. Do not believe caller ID.
4. Do not pay up-front for a promise.
5. Consider how you pay.
6. Hang up on robo calls.
7. Be skeptical about free trial offers.
8. Do not deposit a check and then wire money back.
9. Do not pay the floor price.
10. Sign up for free scam alerts.

For more information visit the website: datcp.wi.gov.

Jaci Fuller, Volunteer Chair, West Central District of the Partners of WHA

LINEN SALE

The Volunteer Partners hosted the Annual Linen Sale at Sacred Heart Hospital on October 26, 2018. Available for purchase were plush blankets, memory foam bamboo pillows, 1200 thread count sheet sets, Sherpa throws and quilt sets. The profit of $645.48 will benefit the Tuition Assistance Grant program.

Thanks to all who made purchases and to the volunteers who helped with the sale. Congratulations to our door prize winners, colleagues Ann Dieckmann and Alissa Bauer!

Steve Werner, Chair

JEWELRY SALE

Many thanks to our colleagues, volunteers and visitors for making the Jewelry Sale a great success this year. Held on December 6 and 7, 2018, an attractive display was set up in the Rotunda. On December 6, refreshments (cookies, coffee and juice) were provided as a way of thanking the shoppers for supporting the Volunteer Partners fund raising events.

There were shoppers coming back twice to pick up items for Christmas and special occasions. The profit for the Volunteer Partners for this fund raising event was $1,400. The winners in the drawings were: Laura Harvey, CCU; Michelle Wiesner, Radiology; Lami Harsh, SPD and Connye Kegan, PFS.

We are looking forward to seeing you all next year!

Judy Peak and Kathy Herfel, Co-chairs

VOLUNTEER FALL SOCIAL

On September 29, 2018, a social was held for all HSHS Sacred Heart Hospital Volunteers. It was a day of celebrating us and all the gifts we bring as we volunteer. The goal was to get to know others that volunteer in a variety of areas and build camaraderie among the volunteers. Those that attended enjoyed a variety of entertainment including an energetic, vibrant speaker, music that was uplifting and an activity that was interactive and fun.

The tables were beautifully decorated with fall décor and placements that promoted our ministries. Beverages and light snacks were enjoyed. Twelve gifts were distributed to the lucky winners of a drawing held at the conclusion of the social. We also had many pictures of volunteers in all areas of ministry to Sacred Heart Hospital available for viewing. Thanks to all who attended this event. We hope you enjoyed the day.

There are so many people to thank including the committee of Mary Ryberg, Kathy Herfel and Judy Peak. Many meetings, phone calls and contacts were made to organize this and without their help it would not have gone so smoothly. A special thank you goes out to Steve Werner for being the emcee, Mary Pengra for being our fearless leader and constant supporter, Kitty Pille for her outstanding piano playing, Moira Kneer for her encouraging talk, the Threshold singers for their beautiful singing, Jaci Fuller for all the pictures and all board members for their encouragement. Things always go well when good people work together.

We are looking forward to making this an annual event and hope to see even more participation by the volunteers next year.

Sandy Gobler, Chair
HEALTH EDUCATION

The New Year is here and everyone is starting their resolutions. One of the things that the holidays often bring us is overspending. We buy gifts and end up racking up the credit card debt. Most people that use credit cards don’t pay them off monthly and fall into the gimmicks that the credit companies lure us into. If you are one of those people that have issues with credit card debt, the best way is to stop using the cards and stop creating the debt to get out of it. You may just have to cut them up. Some people will keep one with a very low balance for the time they are required to have one, i.e., rent a car, etc.

Here are six suggestions to help with debt relief:
1. Look for part-time work or do some overtime for a short period of time.
2. Have IRS take an extra $40 per pay period, if you usually get a refund.
3. Cut back on eating out and if you do go out to eat, don’t have a credit card with you.
4. Reduce monthly bills. Evaluate cable and phone services, etc.
5. Buy less stuff. Always ask yourself – do I need this or just want this.
6. Drive less. It is amazing how many unnecessary trips we make. Try to combine errands when driving. These are just some suggestions to help with addressing debt. Remember food and gas, always get cash.

Information in this article provided by Dan Erickson, life coach.

Carol Gasset, CHE Chair

VOLUNTEER PARTNERS

TAG (TUITION ASSISTANCE PROGRAM)

The Volunteer Partners are pleased to announce that $1,000 Tuition Assistance Grants will be available for five colleagues or volunteers who are currently pursuing a degree in the healthcare field. The purpose of the program is to give financial support to colleagues and volunteers who are furthering their education so that they may further carry out the Hospital’s mission of providing high-quality Franciscan healthcare.

Applications for these grants will be reviewed by the TAG Committee. The determination of the financial need of each of the candidates, along with their interviews, will be of special importance in selecting the recipients of the grants.

The deadline for submitting applications to the Director of Volunteer Services is January 31, 2019. The TAG application form and accompanying information are available on the Hospital’s intranet under Peoples Services/Benefits section (Tuition Assistance Grant). Forms are also available in the Volunteer Office.

Steve Werner, TAG Committee Chair
Volunteer & Community Services
Mary Pengra, WWD Director

May God Bless,

They are new every morning; great is your faithfulness.
Lamentations 3:22-23: Because of the LORD's great love we are not consumed, for his compassions never fail.

of your adventure.” Happy New Year!
I don’t know whose quote this is but I like it: “It’s not the destination, it’s the journey. May you enjoy each day
year of hope, abundant possibilities and joy of everyday living.
I don’t know whose quote this is but I like it: “It’s not the destination, it’s the journey. May you enjoy each day
Lamentations 3:22-23: Because of the LORD’s great love we are not consumed, for his compassions never fail.

Happy New Year! This newsletter always comes out in January each year so the Christmas Season of Joy will have passed and ringing in 2019 will be “old news.” What still rings true, though, is the opportunity to start the year in a positive direction.

We have an out with the old and in with the new look for our volunteers at both ministries. It was long awaited, but we finally received our new lanyards and badge identification to enhance the image of our volunteers. If you haven’t yet received your “updated do,” make sure to stop by the office. Everyone looks so spiffy, but then again you always look great. Vests are no longer required nor are they being purchased or furnished. For those folks who previously purchased their vest or like wearing a vest, you may still do so along with the new identification. You may have a new look but will continue providing the same compassionate, supportive services for patients, their families and hospital staff — and always with a smile!

This summer we changed the hours of the gift shop, closing on Sundays as well as closing at 6 PM instead of 7 PM. Strategically speaking, I look to streamline processes at both ministries now that I have oversight of both Sacred Heart and St. Joseph’s Hospitals’ volunteer programs. To that end starting in January we will also be closed on Saturdays. For the past two years, St. Joseph’s Hospital has been closed on weekends. In January, they will be open M-F, 8 AM – 4:30 PM while at Sacred Heart we will still maintain the 8 AM – 6 PM hours of operation, M-F. No weekends or holidays.

Another long-awaited change has been the Information Desk coverage. I offer grateful thanks to all the volunteers who stepped up and provided additional coverage as we worked on hiring a new colleague. Numerous factors have weighed into subsequent 2019 changes. Combined efforts of the Emergency Department and Registration resulted in a new process that started Monday, December 17. Because of this new process, we were also able to realign our area of support. Starting the first week in January, we will be open from the hours of 8 AM – 4:30 PM; Monday through Friday. No weekend coverage by staff. We welcome new colleague, Carol Oller, to her position starting January 7. For the past five years, Carol has been an ever faithful volunteer anchoring the Information Desk every other weekend. She has a great personality, is quite knowledgeable about our processes, and possesses the skillset to help update and maintain information as needed. Welcome Carol!

Looking back or looking forward, I remain steadfast in my appreciation for your presence and support of our Mission of Care. Thank you for all we endured and accomplished in 2018, your resilience, your laughter, your willingness to step up and give even more of yourselves, and thank you as we work side by side in this new year of hope, abundant possibilities and joy of everyday living.

I don’t know whose quote this is but I like it: “It’s not the destination, it’s the journey. May you enjoy each day
year of hope, abundant possibilities and joy of everyday living.
I don’t know whose quote this is but I like it: “It’s not the destination, it’s the journey. May you enjoy each day
Lamentations 3:22-23: Because of the LORD’s great love we are not consumed, for his compassions never fail.

The choir consists of colleagues and volunteers of the Hospital who enjoy singing together and uplifting the spirits of their listeners. One choir member stated, “I feel so very privileged to be a part of this wonderful, meaningful group. “Bringing joy to others is what it’s all about!” Another said, “I enjoy practicing and performing with everyone and also putting smiles on faces when we perform!”

Would you like to be a part of this fun group? Do you enjoy singing? Then we invite you to join us! We practice in the chapel on Tuesdays at 4:30 p.m. For more information, please email the director of the choir, Annelies White at anneliesslack@gmail.com or call her at 715-828-0492. We hope to see you in the choir soon!

Steve Werner, Choir Member

A TIME TO REMEMBER
The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers who will be honored in the TAG (Tuition Assistant Grant) Program: Mac (Agnes) Schroer, Lorraine Hansen, Bernice Kassing and Shirley Olson.
Our sympathy and prayers to the following volunteers on the loss of a loved one or experiencing serious illness: Pat Janowitz, Ann Lamoureux, Cathy Vanderheiden and Don Winnich.

WHA WEST CENTRAL DISTRICT OF THE PARTNERS OF WHA

Jaci Fuller, Chair

The present West Central District officers and chairs include: Jaci Fuller, Chair; John Tully, Chair-Elect; Betty Oddo, Secretary/Treasurer; Bill McCullough, Public Policy Education Chair, and Bonnie Olson, Community Health Education Chair.

The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers who will be honored in the TAG (Tuition Assistant Grant) Program: Mac (Agnes) Schroer, Lorraine Hansen, Bernice Kassing and Shirley Olson.
Our sympathy and prayers to the following volunteers on the loss of a loved one or experiencing serious illness: Pat Janowitz, Ann Lamoureux, Cathy Vanderheiden and Don Winnich.

AFTER GLOW
I'd like the memory of me
To be a happy one.
I'd like to leave an after glow of smiles when life is done.
I'd like to leave an echo whispering softly down the ways. Of happy times and bright and sunny days.
I'd take the tears of those who grieve to dry before the sun. Of happy memories that I leave when life is done.

(author unknown)
The Volunteer Partners of Sacred Heart Hospital is an organization made up of the volunteers of the Hospital and part of the Partners of WHA (Wisconsin Hospital Association). Volunteers who volunteer on a regular basis are considered members. They pay no dues, can serve on committees and are eligible to be elected to serve on the Board of Directors. Elections are held at the annual business meeting during the spring luncheon. Anyone interested in serving on the Board can contact any board member.

The objectives of the Volunteer Partners is to assist HSHS Sacred Heart Hospital in meeting the high standards in caring for the sick, the aged, poor and terminally ill, to raise funds for Hospital projects, and to promote the interests of the Hospital within the community.

Our first Fall Social was held for all volunteers with a feeling of early success in gathering fellow volunteers together for the purpose of collaboration and building rapport and to further the development of friendships with our fellow volunteers.

This fall, volunteers were called, and responded to assist in gathering and filling school supplies in back packs for needy school children and later this fall, helped to assemble hygiene kits for Eau Claire County homeless school-age children.

Certainly, fundraising is one of the most significant functions we as Volunteer Partners perform. Noteworthy is the presentation of our first substantial pledge payment of $34,000 to the Prevea Cancer Center in mid-October, our first of three to be made. We participated in successful coat and food drives. In November we held our annual Linen Sale for one day only this year, but with considerable success. On December we celebrated the beginning of the Christmas Season with our wonderfully successful Love Lights Event. We raised over $26,000! A very large Thank You to all who worked diligently to bring this event to ongoing success! We hosted the annual Jewelry and Gift Sale with wonderful success. The Book Sale was also held in December and was successful.

A new fundraiser with cooperation from the Pizza Ranch will be held one day in February and another in April. We will be asking for volunteers to act as hosts for these two events in greeting the customers of the Pizza Ranch and collecting tips for the services we offer, i.e., clearing tables and offering a friendly welcome and idle conversation! We will also share in the sales from the two night’s events. Yes….we will be looking for a few friendly volunteers to participate in this interesting and potentially profitable event.

Expansion of our Volunteer Partners is an initiative that I feel we all need to consider. It will require our personal involvement to reach out into our community to expand the family of volunteers at HSHS Sacred Heart Hospital. We have referred to this initiative as “Each One Reach One”. Over the last few months we have contacted all area churches to ask for their assistance by including a notice in their respective bulletins putting forth the opportunity for their members to further serve the Eau Claire community through our joint interest in expanding our Volunteer Partners. We will follow up on these initial contacts in an effort to continue our mutual commitment to the mission of HSHS Sacred Heart Hospital.

Thank you for all that you do!

Bill McCullough, Volunteer Partners President
Dear Volunteer Partners,

I’ve been in the Chippewa Valley for nearly a year now, and I say without conviction that you – our volunteers – and the colleagues of HSHS Sacred Heart Hospital and our sister hospital in Chippewa Falls are incredibly welcoming and fiercely hard working. It’s not difficult to see your persistence and how it pays off. Just last month I watched as nearly 200 people poured into our chapel on a Sunday night for your Love-Lights celebration to honor and remember family and friends. Some were somber. Others were hugging each other. All were there because of you and your hard work to make sure this community knows we’re here for them at all times.

That’s what’s so unique about what we do at our HSHS hospitals. It’s not simply about taking people in and fixing their bodies. It’s about fueling their souls by offering joy, hope, love and compassion. Our mission is what sets us apart. It’s our goal to hear and respond – to recognize a need and provide, and to share the heritage of care, which is our hospital’s legacy.

Without you our puzzle would be missing a piece. You embody our core values of respect, care, competence and joy. And every day you reveal and embody Christ’s healing love for all people through our high quality Franciscan health care ministry. Thank you for your hard work to keep Sacred Heart the hospital of choice for those in the Chippewa Valley.

“Faith is confidence in what we hope for and assurance about what we do not see.” — Hebrews 11:1

Sincerely,

Andy J. Bagnall
President and CEO, HSHS Sacred Heart Hospital

MISSION IN ACTION
The Volunteer Services Department has been collecting hygiene kits to help homeless and low-income elementary, middle and high school students. The kits are created and then distributed by the District homeless school site managers.

HSHS Sacred Heart Hospital colleagues and volunteers have been very generous in supporting this program. The homeless school site managers are very pleased our volunteers and colleagues are working toward the betterment of the program to help make a difference in children’s lives. There were 178 hygiene kits given to the Eau Claire and Chippewa School districts!

New Volunteers Welcome
Welcome to the volunteers who have joined the Volunteer Partners Program at HSHS Sacred Heart Hospital since September, 2018. You are providing a valuable service to the patients, their families and hospital staff while being a critical part of the hospital’s healing mission as you give your time and talents. Thank you for your service!

ADULTS
Cheryl Helland
Amy Miller
Dave Nelson
Kathy Petersen
Sharon Schank

COLLEGE
Kira Bundy
Chloe Davis
Claire Fabian
Maddy Marasch
Tori Palzkill
Kailee Pomasi
Kyle Posselt

HISchool
Seth Miller

HANDCRAFTERS
Kari Court
Barb Duerkop
Sharon Griffin

DATES TO REMEMBER
Date       Event                         Location
Feb. 2019  Pizza Ranch Fundraising Event  Pizza Ranch
April 7-13, 2019  National Volunteer Week  Monsignor Klimek Auditorium
April 22, 2019  Luncheon/Annual Business Meeting  Monsignor Klimek Auditorium

Historical Corner
DAILY POINT OF LIGHT AWARD
In June, 2013, the Volunteer Partners of Sacred Heart Hospital were awarded the “Daily Point of Light” for their demonstrated efforts in helping to meet community needs through volunteer work at the Hospital. This is a National award which then Volunteer Partners Board of Directors President Jaci Fuller pursued by submitting an application.

Created by President George H. W. Bush in 1989, the Daily Point of Light Award honors individuals and groups creating meaningful change in communities across America. President Bush established the Daily Point of Light to engage individuals, families and groups to solve community problems through volunteer service. Each weekday, one volunteer or volunteer group is recognized with the Daily Point of Light Award.

For information regarding Daily Point of Light, go to their website, pointsoflight.org/dailypointoflight. Volunteer Partners of Sacred Heart Hospital, Eau Claire is award number 4641.
Spotlight on Volunteers

In this issue we are “spotlighting” two very special volunteers at Sacred Heart Hospital: Jan Ray and Shirley Olson.

JAN RAY
Jan Ray’s volunteerism is an act of love for children. You won’t see Jan at HSHS Sacred Heart Hospital very often except when she brings in her handiwork. Since 2011, Jan has been knitting baby hats for the newborns at Sacred Heart Hospital. In addition, she knits Christmas stockings with matching hats for babies born during the week of Christmas, for a yearly working inventory of 25. Each stocking takes approximately 18 hours to create.

Jan also “recycles” new knitted or crocheted baby hats which are too big (or small) or the wrong color for newborns. She disassembles the hats and uses the yarn to knit hats for needy elementary students as well as newborn baby hats. These hats take Jan approximately 5 hours each while the baby hats take about 4 hours to complete.

For the year 2018, Jan has knit 59 hats for school-age children, 11 Christmas stockings and seven Christmas hats for newborns. She has also knit two men’s hats and ten ladies’ hats for the “Mitten Tree” at the Hospital. In recycling hats, since she began, Jan has taken apart 326 hats and out of the yarn made 476 hats.

Jan’s talent is awesome, and we offer our gratitude and thanks for her contributions and dedication!

SHIRLEY OLSON
Shirley Olson, a very dedicated volunteer for Sacred Heart Hospital, began volunteering on February 28, 2001, almost 18 years ago. She passed away on Monday, December 31, 2018, at Sacred Heart Hospital. She gifted 14,357.75 hours of her time which equated to about 800 hours per year. Shirley touched the lives of so many people and made every attempt to lift the spirits of all to whom she came in contact.

Shirley began volunteering in the Laundry folding linens and helped in the Nutrition Services with Meals on Wheels and setting up catering events. When asked what she liked best about volunteering, Shirley replied she enjoyed helping others and the interaction with Hospital employees and other volunteers. She loved to give hugs.

She was a very special lady who dearly loved this hospital and all the people she worked with over the years. Shirley will be greatly missed by volunteers and colleagues.