

Make a Gift to

Eau Claire Partner's Breast Cancer Group

- Make a donation on behalf of a friend or family member. We will send an acknowledgement of your gift to the person. Please include contact information and address.

- Please send a check or money order to:
**Eau Claire Partner's
Breast Cancer Information and
Support Group**

All donations are used to support the group for women in our local area.

Our Library provides information on:

- Breast Cancer
- Treatments
- Emotional Coping
- Exercise
- Lymphedema
- Sexuality
- Clinical Trials
- Nutrition and
- Surviving breast cancer

Come join us for tips and encouragement for living a productive life after a breast cancer diagnosis.

Eau Claire Partner's Breast Cancer
Information & Support Group
Sacred Heart Hospital
900 West Clairemont Avenue
Eau Claire, WI 54701

Our Mission is to decrease the impact of breast cancer. We provide updated information through professional peer support ... so that no one faces breast cancer alone uninformed.

If you have a diagnosis of breast cancer and are looking for resources, give us a call or drop in for one our meetings.



**Sacred Heart
Hospital**

AN AFFILIATE OF HOSPITAL SISTERS HEALTH SYSTEM

Center for Cancer Treatment
and Prevention

2012
Calendar



**Eau Claire Partner's
Breast Cancer
Information &
Support Group**

**Group Facilitators: Rosemary Ludwig, RN, OCN and
Mary Meyer, RN, MSN, OCN, Nurse Navigator**

715.717.5140



Meetings are on the first Thursday of every month from 5 - 7 pm in Bishop/Treacy Hall in the lower level of Sacred Heart Hospital.

Topics are presented from 5 - 6 pm. Discussion sessions are after speaker.



2012
Calendar 

January 5

Art Therapy

Diann Greener

Discussion: Calming Fears of Recurrence

February 2

Breast Cancer Reconstruction Therapy

Ember Ewings MD

Discussion: Possible Causes of Breast and Chest Pain

March 1

Sleep Disturbance in Women

Kelly Gullo, RST

Discussion: Creating a Healing Environment

April 5

Acupuncture

Diane Omtvedt NP, M.Ac

Discussion: Lower Fat Intake and Eat Healthier

May 3

Risk Reduction Practices for Lymphedema

Lori Stress MPT, CLT

Discussion: Controlling Stress With Self Care

June 7

Survivorship Issues in Breast Cancer

Pat Tana MD

Discussion: Survivorship Tips

July 12

Financial Issues and Employment

Val Loizides and Jennifer Owen

Discussion: Facing The Future After Breast Cancer

August 2

Post-operative Therapy and Lymphedema

Sacred Heart Hospital Physical Therapist

Discussion: Physical Movement Increases Recovery

September 6

Understanding Cancer Research Treatment Studies

Katie Lompfrey RN and Dawn Martin RN

Discussion: Making Healthier Food Choices

SPECIAL EVENT IN THE SACRED HEART ROTUNDA

October 4

Sexuality and Pelvic Health

Melissa Emmerich MD

Celebration of 14th Year of Eau Claire Partner's Breast Cancer Group

November 1

Caring Beyond Your Mastectomy

Georgia Carlson, Certified Mastectomy Prosthesis Fitter

Discussion: Monitoring Your Emotional Recovery

December 6

Surviving the Holidays

Gerry Martinez, MS, LMFT

Discussion: Legacy Holiday Traditions at Your House

A free light meal will be available during the group. Please call Rosemary 715-717-4387 to register so she may order a meal for you.

As a program partner we serve as a resource in the community for breast cancer information and support those touched by the disease. We advocate for research and promote awareness for early detection. Our sessions are open to anyone with an interest in learning about breast cancer.