

Canticle

News for:
Colleagues
Physicians
Volunteers and
Friends of Sacred Heart Hospital

Hospital Blesses, Displays Monumental Work of Art

In 1998, Saint John's Abbey and University in Collegeville, Minnesota, commissioned renowned calligrapher Donald Jackson to produce a hand-written, hand-illuminated Bible. The Saint John's Bible is a work of art, and the first of its kind in over 500 years. A team of artists and scholars brought together the ancient techniques of calligraphy and illumination, and the result is a truly magnificent and monumental achievement.

In January, a group of local individuals began to champion an effort to acquire a Heritage Edition of The Saint John's Bible for the Chippewa Valley community. At a cost of \$140,000, the Heritage Edition is a seven-volume, full-size fine art reproduction of the original, and is limited to only 299 signed and numbered sets in the world.

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The Saint John's Bible

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The benefactors, led by Dick Cable and Duane Dingmann, asked Sacred Heart and Mayo Clinic Health System-Eau Claire to jointly receive the St. John's Bible as a gift to the community, and prominently display them in each institution. At Sacred Heart, the Bible is on display in our Welcoming Atrium, just outside the Center for Spiritual Care office.

On September 7, Faye Deich (pictured below), COO, Sacred Heart Hospital, gratefully received two volumes of the Bible on behalf of the hospital in a small ceremony at RCU headquarters in Eau Claire. "The St. John's Bible is not only a masterful work of art, it is also a living reminder to all of us of the importance of caring for the whole person – body, mind and spirit," she remarked at the ceremony. The volumes were officially blessed (pictured below) by Father Klimek in a Hospital ceremony on September 8.

The St. John's Bible is a tangible extension of the mission and vision of the Hospital Sisters and Sacred Heart Hospital, and will ignite a healing presence for our community for generations to come.



Enhancing Patient Safety

HSHS Mandates Flu Vaccines For All Staff

As part of the ongoing commitment of Hospital Sisters Health System (HSHS) to protect patients from the flu virus, Sacred Heart Hospital is requiring all employees and volunteers to get a flu vaccine by October 15.

Influenza is a highly contagious respiratory illness that affects about 5 to 20 percent of the U.S. population. According to the U.S. Centers for Disease Control, more than 200,000 people are hospitalized for flu-related complications and an average of 23,600 people die from the flu in the U.S. each year.

"Our first priority is patient safety," said Faye Deich, RN, MS, NEA-BC, Chief Operating Officer, Sacred Heart Hospital, and Senior Vice President for Hospital Operations, HSHS Division (Western Wisconsin). "Recognizing that hospitalized patients often have compromised immune systems and are particularly vulnerable to influenza, we feel it's necessary to require that all of our hospital colleagues and volunteers receive a flu vaccine or wear a mask to reduce the spread of the virus."

Each of the 13 hospitals encompassing HSHS have adopted the mandatory flu vaccine policy. Previously HSHS had strongly encouraged colleagues to get the vaccine and achieved immunization rates between 60 to 70 percent. The goal of the new policy is to get 90 to 100 percent of staff vaccinated.

"Research overwhelmingly points to hospital staff vaccinations as the most effective way of protecting colleagues and patients from contracting the flu in the hospital," said Dr. Robert Vautrain, HSHS Chief Quality Officer. "Mandatory policies requiring that staff get a flu vaccine or wear a mask are endorsed by leading health care organizations such as the American Hospital Association, American Academy of Pediatrics and National Patient Safety Foundation."

For the small number of colleagues with a documented medical contraindication or an objection to the vaccine based on a religious belief, there will be a process that allows them to decline the vaccine. The process will require that those who decline the vaccine to wear a mask at work. Every employee and volunteer who receives the vaccine will get a special sticker placed on their ID badge so that patients, visitors and colleagues know they've been immunized.

Beginning Monday, September 19, Sacred Heart will be offering free flu vaccine clinics for staff, volunteers and physicians. Physicians not employed by HSHS cannot be required to get a flu vaccine, but will be encouraged to get one and will have access to the free clinics offered at the hospital. Students and contractors who regularly work in the hospital will be required to show proof of immunization or wear a mask.



Committed to Excellence

Critical Care Nurses Earn Accreditations

To provide the communities of western Wisconsin with the highest level of trained professionals, Sacred Heart is proud to have always placed a strategic emphasis on continuing education. With that in mind, the hospital is pleased to announce that a number of nurses from the Center for Critical Care have recently earned supplemental accreditations:

Critical Care Registered Nurse (CCRN) Accreditation

Diana “DeeDee” Bergquist, RN, CCRN



DeeDee Bergquist



Tori Hugo

Certified Neurosciences Registered Nurse (CNRN) Accreditation

Tori Hugo, RN, CNRN

Kate Nulsen, RN, MSN, CCRN, CNRN



Kate Nulsen

The CNRN accreditation provides critical care nurses a unique body of knowledge necessary for the practice of neuroscience nursing; while the CCRN is the highest level of nursing accreditation possible in the critical care specialty. “I’m so proud of my staff,” said Kate Nulsen, Director, Center for Critical Care, Sacred Heart Hospital. “Both of these certifications demonstrate not only their willingness and commitment to continuing their education, but they enhance their understanding of critical care nursing and make them better able to care for you or your loved ones during often the greatest times of need.”

Enhancing Knowledge & Skill

Colleagues Earn Cancer Care Accreditation



Jessica Gugel (left) and Nicole Dodge

Sacred Heart Hospital is pleased to announce that Jessica Gugel, RN, and Nicole Dodge, RN, recently earned their Oncology Certified Nurse (OCN) accreditations.

Maintaining this certification promotes the continuing excellence of oncology nursing, and helps nurses achieve and sustain an up-to-date knowledge base of the highest industry standards.

In addition, being an OCN not only validates these two nurses’ dedication to quality care to their peers, patients and their families, but most importantly, it demonstrates their ability to always provide the highest level of care during that critical moment when it matters most.

“I’m very proud of the level of commitment exhibited by Jessica and Nicole,” said Paula Probst, RN, Director, Oncology, Sacred Heart Hospital. “Treating those battling various types of cancer is very complex. So by them earning this nationally recognized certification, it demonstrates their ability to successfully negotiate that process and provide the best possible outcomes for our patients.”

Comprehensive Care

Colleague Earns Rehab Nursing Accreditation

At Sacred Heart Hospital, we constantly strive to enhance the level of patient care by ensuring that only those with the most comprehensive, up-to-date knowledge of quality care are treating you or your loved ones during the greatest times of need. With that in mind, the hospital would like to congratulate Vickie Stelzig, RN, CRRN, for earning her Certified Rehabilitation Registered Nurse (CRRN) accreditation. The CRRN accreditation is certified by the American Board of Nursing Specialties and features an exam of 150 questions about ethical and legal issues; health patterns including assessments, physiology, and standards of care; the function of the rehabilitation team; and rehabilitation nursing models. “We are so proud of Vickie,” commented Julie Thalacker, Assistant Director of Rehab Nursing, Sacred Heart Hospital. “By her obtaining this certification it not only sets a good example and raises the bar for her peers, but most importantly it demonstrates her continued commitment to providing quality care to our patients.”



Vickie Stelzig

mind, body &

Join us for an afternoon or evening of laughter, delicious food and good company.



Jana Stanfield

Hospital Sponsors 13th Annual Woman to Woman Health Care Celebration

On Tuesday, October 11, Sacred Heart Hospital's 13th annual Woman to Woman Healthcare Event will take place at the Florian Gardens in Eau Claire (2340 Lorch Ave.).

Join us for an afternoon or evening of laughter, delicious food and good company. We are offering a choice of a lunch session or a dinner session with open seating.

Doors open for the lunch event at 11 am, and lunch will be served at 11:30 am. Doors open for the dinner event at 4 pm, and dinner will be served at 6:15 pm.

Featured performer Jana Stanfield combines music with a message that entertains, inspires and encourages. She delivers music and humor that makes people feel better about who they are, what they do and why they are doing it. Stanfield's music has been on *20/20*, *Entertainment Tonight*, *Oprah* and radio stations nationwide.

This is guaranteed to be a sold-out event, so be sure to register early!

To attend this energizing event – which includes entertainment, booths, and lunch or dinner, and dessert – a completed registration form and fee of \$25 per person must be received by September 30 to the Center for Healthy Living at 2103 Heights Drive, Eau Claire.

Visit www.sacredhearteauclaire.org to download a registration form. The link to the registration form is located on the bottom left-hand side of the website, in a box that says "Woman to Woman 2011".



spirit revitalization



“Great Escape” Women’s Wellness Camp

Sacred Heart Hospital’s Center for Healthy Living recently assisted the Eau Claire YMCA in hosting a “Great Escape” Women’s Wellness Camp at New Auburn’s Camp Manitou. The camp allowed attendees to experience a retreat specifically designed to give women a new outlook on what overall health and wellness can do for them. Delicious meals, specialty fitness classes, wellness presentations, outstanding guest speakers, and beautiful lakeside swimming and sunshine were just a few of the perks offered throughout the camp. More than 50 women from around the region were in attendance to escape everyday stresses and join together for a relaxing wellness journey. The event encourages women to step out of their daily routine and into an atmosphere that is designed to provide mind, body & spirit revitalization. For more information, please contact Sacred Heart’s Center for Healthy Living at 715-717-1600.



Taste of Rehab Celebration National Rehabilitation Awareness Week

From September 18-24, Sacred Heart Hospital will join healthcare professionals across the nation in celebrating National Rehabilitation Awareness Week. Since Sacred Heart's L.E. Phillips Rehabilitation Department opened in 1973, they have treated an estimated 14,000 patients. In fact, it has been estimated that collectively the Rehabilitation staff have more than 900 years of experience caring for rehabilitation patients.

In recognition of the dedicated physicians and colleagues who support this program throughout the hospital, rehab staff will host a "Taste of Rehab" celebration on Thursday, September 22 from 2-4 pm on 9th Floor Rehab. Hospital colleagues, physicians, and volunteers are encouraged to visit, register for door prizes, sample appetizers/desserts, and see all the unique technology and services offered to our patients.

As the only CARF-accredited inpatient rehabilitation center in western Wisconsin, Sacred Heart is proud to offer our patients a variety of multidisciplinary therapy services, including Occupational, Speech, Physical, Recreational, and Music, who work closely with physicians, nurses, and dieticians to help patients regain their independence.

There is Hope Here Rehab Patient Gains New Lease on Life

On July 15, Eugene "Gene" Dewitt came into Sacred Heart Hospital with consistent chest pains. He had received multiple referrals from other hospitals, where his physicians had been unable to diagnose his heart problems— which made him skeptical that this time would be different. After an evaluation, it was determined he needed triple-bypass surgery, and was in danger of losing his only remaining kidney, which was almost certain to fail due to damage from severe diabetes.

Looking back, Gene noted that he did not think it was possible to ever get back on his feet and had given up on the idea of regaining the life he once enjoyed. It wasn't until his nurse came into his room and told him 'you're getting up' that he realized walking could ever be a possibility again.

After recovering from surgery Gene began therapy, which included physical therapy, occupational therapy and speech/language pathology to enhance his short-term memory. He said he found a lot of support from the inspirational staff that helped motivate him, saying "Their confidence made me want to succeed." On August 15, Gene celebrated his 'Independence Day,' which is the day before discharge whereby the patient tries very hard to do their best with the activities that the staff are evaluating and actually scoring the patient before discharge from the hospital (as shown below). As a professional baker, Gene took great pride and enjoyment in baking a cake to commemorate the occasion.

On August 16, he was discharged from Sacred Heart Hospital with a kidney that was functioning three times more efficiently than before, a healthier life style, new found motivation, and with a strong heart that will allow him to achieve anything he could imagine— all thanks to the dedicated staff at Sacred Heart who he says he 'can just not thank enough.'



Gene" Dewitt



Hospital Welcomes New Physicians

New Sacred Heart Clinic Broadens Services, Enhances Convenience



Dr. Erica Barrette
Sacred Heart Hospital

is currently seeing patients at her clinic, Sacred Heart Obstetrics & Gynecology (3213 Stein Blvd., Eau Claire, phone: 715-717-5350). Dr. Barrette offers flexible hours, including early mornings and early evenings, in addition to her regular business hours.

Dr. Barrette earned her medical degree from the University of Wisconsin-Madison School of Medicine and Public Health, and completed her residency in OB/GYN at Trihealth Hospital System in Cincinnati, OH. She completed medical mission work in Kijabi, Kenya, where she increased cultural education of prenatal care, and strengthened clinical expertise in HIV and tuberculosis. She also completed an internship in Nome, AK, where she practiced outpatient and inpatient medicine in isolated outreach clinics.

Dr. Barrette earned her bachelor's degree in biology from the University of Wisconsin-Eau Claire. She is a member of the American Medical Association and the American College of Obstetrics and Gynecology. Dr. Barrette is certified in advanced cardiac life support, pediatric advanced life support and neonatal resuscitation. She is also trained on the da Vinci® robotic system.

Please join hospital administration, physicians, colleagues and volunteers in welcoming Dr. Barrette to the hospital's Medical Staff.

Sacred Heart Hospital is pleased to announce that Erica Barrette, MD, has joined the hospital's medical staff. Dr. Barrette is an obstetrician/gynecologist specializing in the full spectrum of care for every woman at every stage in life. She

patient care enhanced with new doctors

Sacred Heart Hospital is pleased to welcome the following physicians:

Wells I. Mangrum, MD, Medical X-Ray Consultants - Dr. Mangrum received his Bachelor of Arts degree in Neurobiology from Harvard University in 2001, and earned his medical degree from Mayo Medical School in 2005. He is board certified in Radiology and completed his Radiology Residency, achieving his Neuroradiology Fellowship, at Duke University Medical Center in 2011. Dr. Mangrum is extensively published, has received multiple research grants, served a two-year mission to the Philippines (1996-1998), and played four years of Division I soccer at Harvard, twice winning All-Ivy Academic Honors (1999, 2000).

Joseph J. Williams, MD, Infinity HealthCare - Dr. Williams received his Bachelor of Arts degree in Biology from the University of St. Thomas in 2003. He completed his medical degree at the University of Minnesota Medical School in 2008. Dr. Williams completed his residency in Emergency Medicine, serving as Chief Resident, at Resurrection Medical Center in Chicago, IL. He has also worked with the Children's Hospital in St. Paul and Minneapolis, MN, and is board eligible in Emergency Medicine. In addition, Dr. Williams has been published multiple times and has extensive experience in teaching and presentations.

Stephanie J. Wagner, MD, Infinity HealthCare - Dr. Wagner completed her Bachelor of Arts degree in Chemistry and History of Science, Medicine, and Technology at Johns Hopkins University in 2003. She earned her medical degree from the University of Wisconsin-Madison Medical School in 2008 and is board eligible in Emergency Medicine. Most recently, Dr. Wagner served as Emergency Medicine Resident at Resurrection Emergency Medicine Residency Program in Chicago, IL. She has been well published, conducted several research studies, and has given many lectures and presentations.

Please join Sacred Heart administration, physicians, colleagues and volunteers in welcoming Dr. Mangrum, Dr. Williams, and Dr. Wagner to the hospital's Medical Staff.



Dr. Wells Mangrum
Medical X-Ray Consultants



Dr. Joseph Williams
Infinity HealthCare



Dr. Stephanie Wagner
Infinity HealthCare

An 'Always' Hospital New HCAHPS Survey Pays for Quality of Care

With publically reported HCAHPS surveys currently underway, creating a culture of 'Always' has never been more important. HCAHPS measures our patients' perception of the consistency with which we meet their needs; ensuring that facilities will be reimbursed based on the percentage that those needs are 'Always' met. 'Always' is about every patient, every department, every shift, and every day. In an experience-based survey, patients must experience excellent care on all shifts and with every interaction.

Possible question:

Q. How often did you get help in getting to the bathroom or in using a bedpan as soon as you wanted?

Possible responses:

A. ALWAYS, Usually, Sometimes, Never



Mark Your Calendar Hospital to Host Annual Blessing of the Animals

On Sunday, October 2, Sacred Heart Hospital will host its annual "Blessing of the Animals." The service will take place at 1 pm on the west lawn of the hospital. Father Edmund Klimek, Senior Chaplain at Sacred Heart Hospital, and Father James Arthur, Hospital Chaplain, will offer the blessing during a brief prayer service.



St. Francis of Assisi, The Patron Saint of Sacred Heart, was a man who served, administered to and spent his life caring for the poor, the under-served and the downtrodden. His love of all God's creatures also extended to animals. It is in honor of this love and in the spirit of this great saint that we offer this unique, ecumenical event. The event is free and open to the public.

For more information, please call Sacred Heart Hospital's Communications Department at 715-717-4015.

Don't Forget to Sign-Up Colleagues Needed to Support the Eau Claire Heart Walk

Don't forget to help support the American Heart Association by joining your friends and family while participating in the Eau Claire Heart Walk on Saturday, September 24 at Carson Park. As a featured sponsor of the event for the past 20 years, all Sacred Heart colleagues, physicians, and volunteers are encouraged to assist this most worthy cause by raising funds and awareness. The program provides Chippewa Valley citizens the opportunity to improve their health by walking and simultaneously raise funds to help fight heart disease and stroke. Last year, Sacred Heart had 196 participants who were able to raise approximately \$15,500 for this most worthy cause. For more information, please contact your team/department leader or Nancy DeMars at 715-717-4018.

Saturday, September 24
Carson Park, 100 Carson
Park Drive
Registration: 8:00 am
Start Time: 9:00 am



Share a Coat/Blanket Drive

Donations Needed to Warm Those in Need

An average of 10 percent of Wisconsin community members live in poverty, according to the U.S. Census Bureau. Though it's hard to believe, there are folks in western Wisconsin who won't have warm coats to wear this year. To respond to this chilling reality, Sacred Heart Hospital's Center for Healthy Living is again collecting winter coats and blankets Oct 1 – 14, during the hospital's 2011 "Share a Coat/Blanket Drive." Each year, hospital representatives collect more than 3,000 winter coats and blankets during the annual drive.



Items needed this year include:

- new or gently used winter coats & snowsuits
- hats/mittens/scarves
- heavy blankets
- Children and infant coats are of greatest need this year! Items for babies, including baby blankets, are also greatly needed.

Please clean out your closets and share with those in need!

Drop-off sites are located inside the hospital's Main Entrance and Cafeteria areas. Items will be distributed on **Saturday, October 15, from 10 am – Noon** at Sacred Heart Hospital's Community Auditorium on a first-come, first-served basis. Due to the overwhelming number of families who attended last year, the number of items will be limited so hopefully there will be enough for all in need. For more information, please call the Center for Healthy Living at 715-717-1600.

Safe Kids Chippewa Valley

Back-To-School Tips Enhance Safety

With summer coming to an end and school now in session, Safe Kids Chippewa Valley reminds parents and drivers to do their part to keep kids safe on the sidewalk and on the roads. "Parents should be proactive and take the time to talk about safety with their kids," said Paula Pater, Safe Kids Chippewa Valley coordinator. "Safe Kids recommends that parents walk the route to school with students in order to assess hazards and select a course with the least number of traffic crossings."

Adults can teach and model the following safety behaviors that all children should follow, even if they don't walk to school every day:

While walking:

- Always cross the street with an adult until age 10
- Cross the street at corners, using traffic signals and crosswalks when possible
- Look left, right and left again when crossing
- Always walk, never run, when crossing streets
- Walk on sidewalks or paths
- Walk facing traffic as far to the left as possible if there are no sidewalks

While driving:

- Slow down and be especially alert in residential neighborhoods and school zones
- Take extra time to look for children on and near the road, before and after school hours
- Reduce any distractions inside your car so you can concentrate on the road and your surroundings
- Never talk/text on cell phones while driving

School is in Session

Colleagues Donate Supplies to Area Schools

As a not-for-profit community hospital dedicated to enhancing the communities of the Chippewa Valley, Sacred Heart Hospital has always supported the needs of area schools. With that same spirit at heart, Sacred Heart's 5-Cardiology/Progressive Care staff took it upon themselves to collect necessary school supplies and donate them to the Osseo-Fairchild school district. "Our children are our future," said Sue Bates, Unit Secretary, who helped organize the department's collection and donation efforts. "We were very proud of this project. In a very direct way, these supplies will impact the education of the students who receive them, and we could not be happier about contributing to such a worthy cause."

Thank you to all who contributed to this donation!



Sue Bates

**St. Francis
Apartments
presents:
“Complimentary
educational
presentations
brought to you.”**

Held at 2:00 pm on the 4th Wednesday of each month through October, these Community Speaker Series will be held at St. Francis Apartments (851 University Drive). Space is limited to only 20 participants per series, so please RSVP to Cathy Werner at 715-834-1338. Refreshments and door prizes will be provided.

Wednesday, September 28
Healthy Aging
Community representatives from Gold's Gym, Eau Claire YMCA and the L.E. Phillips Senior Center will share information with you about healthy aging. Moving your body, mind and soul. Keeping you young and vibrant.



Ice Cream Social Hospital Recognizes Environmental Services Staff

National Healthcare Environmental Services Week is the time each year to recognize the valuable contributions of environmental services departments. This year will be celebrated September 11-17. Please take a moment to recognize the Environmental Services staff on your floor or in your department. In recognition of the dedicated environmental services staff at Sacred Heart, an Ice Cream Social will be held in the Community Auditorium on Friday, September 16, from 1 - 3 pm. All hospital physicians, colleagues, and volunteers are encouraged to attend.



United Way Campaign

It's Not Too Late To Donate

Since Sacred Heart began its pacesetter campaign on August 10, colleagues have pledged over \$42,000 towards the United Way Campaign. Very generous donations were made and pledges are still coming in. The final total will be announced at the Super Celebration September 27th.

Drawing Winners:

“Early Bird” drawing for \$100 was John Bryant in Pastoral Care

“Not So Early Bird” drawing for \$75 was Lindsey Ludwikowski in Respiratory Care

“Just Made It” drawing for \$50 was Julie Olson in Laboratory

The last of the drawings will be held at the Super Celebration on September 27 at 2:00 pm in the Community Auditorium. Additional prizes include:

Two Packer tickets for December 25th game vs. Chicago Bears

Flat Screen TV

Movie Tickets for a year

\$100 Target gift card

\$100 Wal-Mart gift card

\$50 cash - Goal Prize

\$50 cash for First Time Pledges

\$50 cash for 10% increase Pledges



Also, a special “Thank You” goes out to all who have offered to volunteer during the United Way of The Greater Chippewa Valley’s annual Day of Caring. The Day of Caring is Friday, September 16, and is the largest one-day community service event in the Eau Claire area. Last year, more than 300 volunteers from Eau Claire businesses worked on 52 different projects. This saved local nonprofits over \$32,000 in labor costs!

Thank you for your pledges and support of the United Way.

Canticle is a Sacred Heart Hospital newsletter that appears on the second and fourth Tuesday of every month and is available internally on the hospital’s Pillar Boards & Intranet. It is also distributed by email and mail, and posted under the Media Center link at www.sacredhearteauclaire.org. Please direct comments, suggestions or requests for email newsletter (e-*Canticle*) subscriptions by phone at (715) 717-4256; or by email to DPaulson@shec.hshs.org; or by writing the Communications Department, 900 West Clairemont Avenue, Eau Claire, WI 54701. A “canticle” is a sacred song and is a reminder of our Franciscan tradition, the Hospital Sisters’ healing ministry and Joy (one of our Core Values). Our newsletter’s name is a tribute to “The Canticle of the Sun,” by St. Francis, which praises God for all creation.