

canticle

news for staff, physicians, volunteers and friends of Sacred Heart Hospital

9.22.09

It's a
BLESSING

Blessing of the Animals

Sunday, October 4

1 p.m.

West lawn of the hospital

*Father Edmund Klimek, Senior Chaplain,
Father Larry Dunklee, Director, Center for
Spiritual Care, will officiate.*

(continued on page two)

 Sacred
Heart
Hospital
Hospital Sisters Health System

there is hope here.

Blessing of the Animals

(continued from page one)

St. Francis of Assisi, The Patron Saint of Sacred Heart, was a man who served, administered to and spent his life caring for the poor, the disadvantaged and the downtrodden. His love of all God's creatures also extended to animals. It is in honor of this love and in the spirit of this great saint that we offer this unique, ecumenical event. The event is free and open to the public.

For more information, please call Sacred Heart Hospital's Communications Department at 715-717-4015.

In addition, throughout **Monday, October 5**, staff in the hospital's cafeteria will be dishing out caramel apples to all Sacred Heart colleagues in honor of the Feast of the Sacred Heart.



Pictured above: Father Edmund Klimek

2009 HEART WALK

JOIN US FOR THE 2009 Eau Claire Start!

Saturday, September 26
Carson Park, 100 Carson Park Drive
Registration: 8:00 am
Start Time: 9:00 am



All [Sacred Heart](#) colleagues, physicians, and volunteers are **encouraged to show their support and participate** in this weekend's [Heart Walk](#). The program provides Chippewa Valley citizens the opportunity to improve their health by walking and simultaneously raise funds to help fight heart disease and stroke. This year, the hospital is hoping for **225 walkers to raise \$12,000** benefiting the [American Heart Association](#). Cheryl Berg from the Center for Critical Care will sing the National Anthem and the hospital's Cardiac Rehab staff will lead the warm-up exercises. For more information, please contact your team/department leader or Nancy DeMars, Director, [Cardiac Services](#). We look forward to your support!

Super Celebration Date Change

All hospital colleagues, physicians and volunteers are encouraged to attend Sacred Heart Hospital's Farmers Market Super Celebration

"We Buy Local, We Eat Local"

Team of the Month:
 Fiscal Services Department

ORIGINALLY SCHEDULED FOR
Tuesday, September 22,

Super Celebration has now
been moved to
Tuesday, September 29.

We hope to see you all there!



Bringing you the BEST in healthcare



Rebecca England, MD, Marshfield Clinic - Eau Claire Center

[Sacred Heart Hospital](#) is pleased to welcome **Rebecca England, MD, Marshfield Clinic - Eau Claire Center, to the hospital's [Touch of Love Maternity Department](#)**. Dr. England earned her medical degree from the University of Michigan Medical School in Ann Arbor before completing her Obstetrics/Gynecology residency at St. Luke's Hospital in Bethlehem, Pennsylvania. She is board certified in Obstetrics/Gynecology and comes to Sacred Heart after most recently practicing in Beaver Dam, Wisconsin. Dr. England is a fellow of the American College of Obstetrics and Gynecology and holds numerous publications in her field. By a very wide margin over the past several years, more babies have been born at Sacred Heart than any other facility in the region. Though the hospital averages 100 deliveries per month, their dedicated caregivers pride themselves on making each one uniquely personal. Please join hospital colleagues, physicians, and volunteers in welcoming Dr. England to the Sacred Heart family.



Alicia Arnold, MD, Medical X-Ray Consultants

Sacred Heart Hospital is pleased to welcome **Alicia Arnold, MD, Medical X-Ray Consultants, to the hospital's [Center for Imaging](#) team**. Dr. Arnold earned her medical degree from the University of Michigan Medical School in Ann Arbor. She completed her residency training at Brigham and Women's Hospital, Harvard Medical School in Boston, and at Resurrection Health Care in Chicago. Dr. Arnold specializes in women's health, is board certified in Radiology, and is a member of the American College of Radiology and the American Association for Women Radiologists. Sacred Heart's Center for Imaging offers many "firsts" in the region, including the Dual Source CT, the 3.0 Tesla MRI, and the life-saving MERCI Retrieval System for interventional stroke treatment. In addition, Sacred Heart is the only community hospital of our size to offer both the iMRI and iCT Smart Operating Suites for the most advanced surgical and diagnostic imaging available today. Please join hospital colleagues, physicians, and volunteers in welcoming Dr. Arnold to the Sacred Heart family.



Tom Thelen, RN, BSN, MSN, Clinical Director, Emergency & Trauma Services

Sacred Heart Hospital is pleased to welcome **Tom Thelen, RN, BSN, MSN, as the Clinical Director for the hospital's Emergency & Trauma Services**. Tom completed his bachelor's and master's degrees in nursing, both at the University of Wisconsin-Eau Claire. He is currently pursuing his doctorate of nursing at the University of Minnesota. Tom has extensive experience working with emergency rooms and trauma services. For the past 10 years, Tom served as president of LOGICARE corporation, and has prior experience in neurosciences, trauma and pediatrics. Tom will have administrative responsibility for the hospital's emergency and trauma services and will be in charge of developing programs for the hospital's [Emergency Medical & Trauma Center](#) (EMTC). Sacred Heart's EMTC is the only emergency department between Minneapolis and Madison with physicians who are all board certified or board eligible in emergency medicine. Please join hospital colleagues, physicians and volunteers in welcoming Tom to the Sacred Heart family.

H1N1

Prevention & Preparedness

The Latest

A Wisconsin - Western Division leadership team continues to monitor the H1N1 influenza status in conjunction with local and state officials. The **southern part of the state is now seeing an increase in positive cases**; however the **western Wisconsin region remains controlled at low rates.**

Both [Sacred Heart](#) and [St. Joseph's](#) hospitals will be publishing weekly [H1N1 updates](#), and will increase communication if the situation changes or requires further actions.



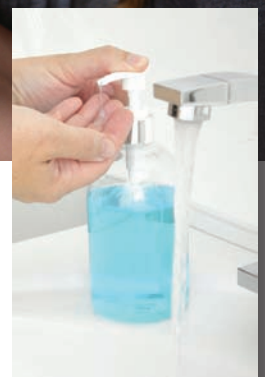
Preventative measures:

The flu can spread from person to person from coughing, sneezing or touching things others use. It is important to keep these preventative measures in mind to help protect yourselves and others from the flu.

- Wash hands often
- Don't touch eyes, nose or mouth
- Avoid close contact with ill people
- Disinfect items people frequently touch
- Get vaccinated
- Get plenty of sleep, stay active, eat properly
- Avoid smoking

Know the Symptoms:

- Sudden onset of illness
- Fever higher than 100.4
- Chills
- Cough
- Headache
- Sore throat
- Stuffy nose
- Muscle aches
- Feeling of weakness/ exhaustion
- Diarrhea, vomiting/abdominal pain



Homemade Rehydration Solution:

- * 4 cups of clean water
 - * 2 tablespoons of sugar
 - * ½ teaspoon of salt
- Mix all above ingredients until sugar disappears.

Keeping you updated

St. Joseph's Hospital partners to offer H1N1 forum

To help community members learn about and prepare for Novel H1N1 Flu or “Swine Flu” infection in our region, [St. Joseph's Hospital](#), Chippewa Health Improvement Partnership and the Chippewa County Department of Public Health will offer a free program to educate on the H1N1 virus. The forum will take place from 6:30 to 8:30 p.m. on Tuesday, September 29, at the Avalon Hotel and Conference Center, 1009 W. Park Avenue, Chippewa Falls.

A panel of experts will present information on a host of H1N1-related topics, including an updated overview of the virus, details on what Chippewa County might expect for flu activity, practical tips on what residents should do if they experience symptoms, and vaccine recommendations. There will be time for questions and answers, and the first 100 people in attendance will receive free resource gift bags to help protect themselves and their families from H1N1.

H1N1 - Infection Prevention Update

Flu Vaccinations

Seasonal Flu vaccinations are now available in the community for family members or those at risk. H1N1 vaccinations will likely be available in October, but all colleagues are encouraged to get the flu vaccines this year regardless of whether they are in a direct care role or provide non-direct care services.

Questions

In addition, there are some web sites that provide other information and updates that may be of interest:

www.pandemic.wisconsin.gov

www.pandemicflu.gov

www.cdc.flu.gov

Getting to the HEART of the matter

H1N1: Prevention & Preparedness Community Forum

This fall, health officials are anticipating a surge of new cases of the Novel H1N1 Flu or “Swine Flu.” For that reason, on September 10, [Sacred Heart](#) hosted a H1N1: Prevention & Preparedness community forum that was attended by over 75 community members. Moderated by TV 13 News Anchor Meghan Kulig, the forum provided a panel of local experts who offered an overview of the projected community impact and preparedness from the perspective of the state, county, school district, ethical, and health care provider viewpoint. In addition, they also presented guidelines and recommendations to help shield against the virus that has already infected well over one million people throughout the United States.

The Panel Included:

- Father Lawrence Dunklee, Director, [Center for Spiritual Care](#); Chair, Sacred Heart Hospital's Ethics Committee
- Laura Chellman, Director, University of Wisconsin-Eau Claire Student Health Services
- Marge McFarlane, PhD, CHSP, MS (ENPH), MS (Risk Control), MT (ASCP), Safety Coordinator, Sacred Heart Hospital; Hospital HSEEP Coordinator, [State of Wisconsin Department of Health](#)
- Kitty Rahl, MS, Director of Nursing, [Eau Claire City-County Health Department](#)
- Brent Jensen, MD, [Sacred Heart Pediatrics](#)
- Anton Kidess, MD, Eau Claire Medical Clinic, and Medical Staff Officer, Sacred Heart Hospital



Pictured right: (from left) Father Lawrence Dunklee, Laura Chelman and Marge McFarlane

nurse published on global healthcare perspectives in Poland

In the effort to learn from other cultures, and share service excellence standards of our own, perioperative nursing representatives from the United States were recently given the opportunity to participate in a People to People trip to Russia and Poland. As part II of an article that ran in the August 25 edition of *Canticle*, Cheryl Rihn, RN, BSN, CNOR, Surgical Services Educator, Sacred Heart Hospital, recently co-authored an article in the September 2009 issue of the *AORN Journal*: "A People to People Nursing Experience in Poland." The article was the second part to a July 2009 *AORN Journal* publication that Cheryl also co-authored: "A People to People Nursing Experience in Russia." Congratulations Cheryl, for all that you do to enhance the care provided to patients around the world.



Part II of his article can be viewed at:
www.sacredhearteauclaire.org/Choose/MediaCenter/Documents/AORNJournalArticle-Poland.pdf

Part I of this article can be viewed at:
www.sacredhearteauclaire.org/Choose/MediaCenter/Documents/AORNJournalArticle-Russia.pdf

St. Joseph's names 2009 'Keeper of the Tradition' award

Diane Horn, Pastoral Care, received the 2009 Keeper of the Tradition award, an honor given to a St. Joseph's Hospital colleague who, in exemplary ways, carries on the traditions of **Christian hospitality, servant leadership and the integration of the mission of the Hospital Sisters into his or her everyday work and service.** Diane, known for her cheerful and compassionate ways, was recently honored at the hospital's annual Appreciation Dinner at Lake Wissota Golf Course.

"She strives to help others see what a healing presence God is and reminds us to turn to Him in our time of need," the nominator wrote. **"You can feel her care and concern whenever you talk to her about anything.** Diane always has a friendly smile, a caring, compassionate heart, ears to listen, a hand to hold, a shoulder to cry on, a prayer for you and words of hope and encouragement."



Pictured above: Diane Horn (left) & Rita Oberweis (last year's recipient)

Central Line Teams Launched Quality Assurance for western Wisconsin

Emphasizing an important National Patient Safety Goal, Central Line Teams at both [Sacred Heart](#) and [St. Joseph's](#) hospitals have been formed to work on **reducing central line associated blood stream infections.** The Sacred Heart team will be enhancing the work from the Institute for Health Improvement campaigns initiated several years ago.

The team includes both nursing staff and physician champions, such as:

- Tari Kennedy, RN, APRN, BC, MSN, CNRN, CCRN, Critical Care Clinical Nurse Specialist
- Nancy Bates, RN, Center for Critical Care
- Donna Moraska, BSN, MS, CIC, Infection Prevention & Control Professional
- Piper Larson, RN, MN, Director, Clinical [Quality & Safety](#)
- Dawn Garcia, RN, MS, Director, Medical Staff/Quality Improvement/Clinical Risk Management, Wisconsin - Western Division
- Kyle Dettbarn, MD, Eau Claire Medical Clinic
- Mansur Javaid, MD, FCCP, FRCP, Marshfield Clinic - Eau Claire Center

The initial activities will focus on critical care before sharing the strategies with all areas working with central lines.

St. Joseph's sponsoring 'Women in the Round' event

[St. Joseph's Hospital](#) is a sponsor of the upcoming Women in the Round event, "Keeping Life in Balance," scheduled for 11:45 a.m. to 1:30 p.m. Tuesday, Oct. 6, at The Florian Gardens, Eau Claire. Presented by Queen of the Castle magazine, Women in the Round events are designed to present topics of interest to women of the Chippewa Valley. The October event features a meal and dessert, panel discussion and event goody bag. The cost is \$24, with a portion of the proceeds going to a local charity. Advance registration is required by Monday, Sept. 28; call (715) 577-7325 or visit www.cvqueenofthecastle.com/womenintheround.aspx.

Let's Have a Ball!

11th Annual Woman to Woman

On September 21, [Sacred Heart Hospital](#) and the [Center for Healthy Living](#) hosted the 11th annual Woman to Woman community healthcare event at The Florian Gardens, Eau Claire. During the event, keynote speaker and hilariously funny comedian, Jan McInnis, presented "Find Our Funny," as she spoke of her struggles and observations after spending 15 years climbing the corporate ladder. The event was attended by over 634 women.



Service Tip of the Week

HIPAA HINTS:

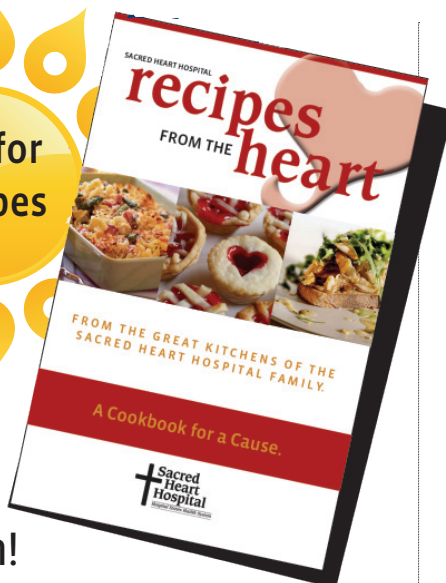
Did you know... The "Minimum Necessary Information" is the least amount of information you need to do your job. While working with Protected Health Information (PHI), you should:

- Access only the information you need.
- Use this information only to do your job.
- Limit the information you share with a person to what he or she needs to know in order to do his or her job.

Did you know... The act of a colleague accessing his or her own medical file is a HIPAA violation and cause for disciplinary action. Colleagues do not have the right to look up their own medical records or test results. Anyone who would like to review their medical information can do so by signing a "Release of Information" in the Health Information Management Department.



Call for Recipes



Soups on!

We are looking for **your favorite recipes** to fill our Sacred Heart Hospital Cookbook.

All recipes **need to be in by October 2**. Please submit recipes to [Theresa](#) in Store Room/Receiving or [Donnelle](#) in the Medical Staff office.

Call Theresa @ 3912 or Donnelle @ 6045 for more information.

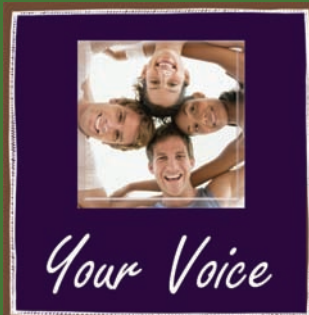
Mark Your Calendars

Jewelry & Accessory Sale Coming Soon

On Thursday and Friday, October 15th and 16th, Sacred Heart Hospital's [Volunteer Partners](#) will hold their annual jewelry & accessory sale to benefit ongoing hospital projects. All items—necklaces, earrings, bracelets, scarves, and much more—will be just \$6. A thrifty opportunity to update last year's clothes or get stocking stuffers for Christmas. Payroll deduction slips will be available for the sale in Bishop-Treacy Halls.

Your Voice at Work

In the effort for communication to run efficiently throughout our organization, Sacred Heart has recently implemented an administration messaging system called “Your Voice at Work.” Located on the hospital’s intranet, colleagues are now able to post concerns, questions, and ideas directly and confidentially to Faye Deich, Chief Operating Officer. In return, answers will be posted on a weekly basis. As an organization that has always strived for the highest levels of colleague satisfaction, the purpose of this communication tool is to ensure that information is shared freely across Sacred Heart Hospital.



Past Presidents Meet

Volunteers Partners 70th Anniversary

Forty-six people have served as president of Sacred Heart’s volunteer organization, formerly called Guild, then Auxiliary, and today, [Volunteer Partners](#). In fact, eight of them met recently with a committee of present Volunteer Partners board members to give their input on the history of the organization, which will celebrate its 70th anniversary on November 10, with a community open house.



Be prepared!

Camping & Outdoor Safety Tips

Always use common sense when participating in outdoor activities and be prepared for the unexpected.

- Never hike alone and tell others about your plans.
- Keep a first aid kit readily available and keep supplies in a well marked, durable, waterproof container.
- Be careful around water and make sure everyone knows how to swim.
- Keep all fuel containers outside and in a well ventilated area.
- Keep your food cold at all times to avoid food spoilage and food poisoning.
- Never operate a stove inside a tent or confined area.
- Never approach wild animals.
- Familiarize yourself with problematic plants such as poison oak, sumac, and ivy.
- Wear sunscreen and sunglasses.
- Pay attention to weather conditions. During winter months, be cautious for extended exposure to cold temperatures. Frostbite and hypothermia are very dangerous.

benefit update

Paid Time Off (PTO)

A good balance between family and work life is a very important part of the Mission, Philosophy and Values of the Hospital. The Hospital strives to have our employees experience a good family life, as well as enjoy coming to work to serve our patients. Sacred Heart Hospital offers all employees who are hired to work 16 hours per pay period or more the opportunity to accrue Paid Time Off (PTO) hours. PTO is a combination of vacation, short-term sick leave, and holidays into one account. The purpose of PTO is to give you maximum flexibility in scheduling time away from work. You may use PTO for vacation, illness, holidays, family emergencies, preventive health and dental care, as well as personal business.

Canticle is a Sacred Heart Hospital newsletter that appears on the second and fourth Tuesday of every month and is available internally on the hospital’s Pillar Boards & Intranet. It is also distributed by email and mail, and posted under the Media Center link at www.sacredhearteau Claire.org. Please direct comments, suggestions or requests for email newsletter (e-*Canticle*) subscriptions by phone at (715) 717-4256; or by email to DPaulson@shec.hshs.org; or by writing the Communications Department, 900 West Clairemont Avenue, Eau Claire, WI 54701. A “canticle” is a sacred song and is a reminder of our Franciscan tradition, the Hospital Sisters’ healing ministry and Joy (one of our Core Values). Our newsletter’s name is a tribute to “The Canticle of the Sun,” by St. Francis, which praises God for all creation.