

Canticle

News for:
Colleagues
Physicians
Volunteers and
Friends of Sacred Heart Hospital

leading the system

Hospital Sisters Health System (HSHS) is pleased to announce that Mary Starmann-Harrison has accepted the position of HSHS President and Chief Executive Officer. Mary will officially begin her new role in April. *(continued on page two)*



Appointed HSHS President and CEO
Mary Starmann-Harrison (left) with
Sr. Jomary Trstensky, OSF, Chair of the
Members of Hospital Sisters Health System



Sacred Heart
HOSPITAL
EAU CLAIRE, WISCONSIN
AN AFFILIATE OF HOSPITAL SISTERS HEALTH SYSTEM

System Welcomes New President & CEO

(continued from page one)



Mary will bring to HSHS extensive leadership experience in Catholic health care. She is currently serving as Regional President and CEO of SSM Health Care of Wisconsin. SSM Health Care of Wisconsin operates St. Mary's Hospital in Madison, and St. Clare Hospital & Health Services in Baraboo, among other health care facilities in south central Wisconsin.

Mary began her career in 1979 as a Registered Nurse in the Emergency Department and has served in health care management since 1980. She previously served as a CEO for Tenet Physician Services where she was responsible for the management of approximately 300 physician practices in the Western region of the United States. Prior to that, she held various leadership roles - including CEO - for St. Luke's Medical Center in Phoenix, Arizona.

Over the past three decades Mary has successfully led numerous quality initiatives that have been recognized at the state and national level. She was part of the SSM Health Care team that received the Malcolm Baldrige National Quality Award in 2002 - the first health care entity to receive this prestigious award. SSM Health Care of Wisconsin hospitals and health care facilities have also received multiple

Wisconsin Forward Awards for quality during Mary's tenure as CEO.

"Mary is a recognized leader with outstanding experience in Catholic health care," said Sister Mary Ann Minor, OSF, chair of the HSHS Board of Directors. "I am confident that under her leadership, we will deepen our commitment to Catholic health care. With the latest technology and modern best practices, we will continue our legacy of providing quality care while respecting the individual dignity of each person," she added.

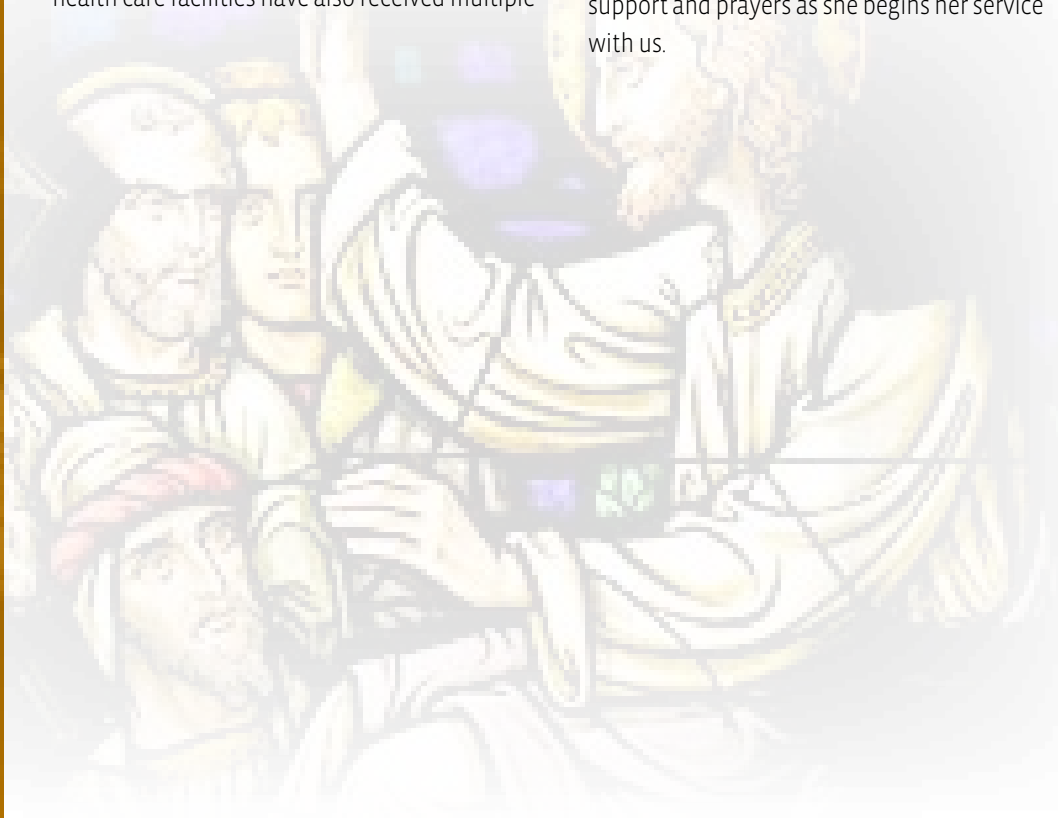
Mary is Catholic and is a Fellow of the American College of Health Care Executives. She and her husband Greg have two children, a son Greg (G.B.), and a daughter Stephanie.

A special thanks to Larry Schumacher, Interim President and CEO, for his outstanding leadership during the transition. Larry will continue to serve as the Interim HSHS President and CEO until Mary joins us and then he will resume his role as Chief Operating Officer for HSHS.

Please join us in welcoming Mary to our healing ministry and providing her with our support and prayers as she begins her service with us.

"Sacred Heart and St. Joseph's hospitals are pleased to welcome Mary to lead our system into the future. We look forward to working with her to make things better for our patients, physicians, colleagues and community at this important time."

*-- Steve Ronstrom,
President & CEO,
HSHS Division
(Western Wisconsin)*



Physician recruitment

Hospital welcomes new physicians to enhance patient care

Sacred Heart Hospital is pleased to welcome the following physicians:

Jody Lee, DO, Infinity HealthCare

Dr. Lee is a board certified in Emergency Medicine and is a member of the Wisconsin Medical Society, the American College of Osteopathic Emergency Physicians, and the American Osteopathic Association. He is certified in advanced cardiac life support and advanced trauma life support, and is the newest member of the hospital's Emergency Medical & Trauma Center team. He earned his medical degree from Oklahoma State University-College of Osteopathic Medicine. He completed his residency in emergency medicine/internal medicine at Midwestern University-Chicago College of Osteopathic Medicine.



Dharmesh Babaria, MD, Marshfield Clinic - Eau Claire Center

Dr. Babaria is board certified in Internal Medicine and is a member of the American College of Physicians. He earned his medical degree from Baranas Hindu University - Institute of Medical Sciences in Uttar Pradesh, India. He then completed an Internal Medicine Internship and Residency at New York Medical College - Lincoln Medical & Mental Health Center in Bronx, NY. Dr. Babaria comes to Sacred Heart Hospital after most recently serving as an independent provider at both St. Joseph's Hospital in Chippewa Falls and Marshfield Clinic in Chippewa Falls, where he also served as Chair of Internal Medicine.



Daniel Sipple, DO, Pain Clinic of Northwestern Wisconsin

Dr. Sipple is board certified in Pain Management, board eligible in Sports Medicine and is a member of the International Spine Intervention Society, the American Osteopathic Association, and the American Medical Association. He earned his medical degree from the University of Minnesota Medical School and Des Moines University-Osteopathic Medical Center. He then completed a Rehabilitation Residency at the Rehabilitation Institute of Chicago, Northwestern University Medical School and comes to Sacred Heart Hospital after most recently serving at Advanced Orthopedics and Sports Medicine Specialists in Denver, CO.



Please join hospital administration, physicians, colleagues and volunteers in welcoming these new doctors to Sacred Heart's Medical Staff.

Investing in "COOL" technology

New cooling system enhances reliability

Sacred Heart Hospital recently made a \$200,000 investment in Information Systems equipment with the purchase of a new cooling system. The purchase replaces three separate cooling systems and allows the hospital to keep servers and other equipment at optimal temperature while any maintenance is performed. "As patient care becomes increasingly dependent on technology, it is critical that we maintain and architect our Information Systems with maximum reliability," commented Kevin Groskreutz, Director, Information Systems, HSHS Division (Western Wisconsin). "The new cooling system helps us achieve this goal and is an investment in our future by allowing us additional cooling capacity."

Why is this important?

Without additional cooling capability the hospital would be required to have more scheduled downtimes, decreasing efficiency and impairing the patient care process. It is with an ever-mindful commitment to the patient care experience that Sacred Heart Hospital continues to invest in technology. Whether those investments be for world class surgical equipment or support technology, it all must work cohesively together to ensure the efficient, quality care our patients expect when they come through our doors.

WORLD Day of Prayer for the Sick

Hundreds of people in the Chippewa Valley gathered at Sacred Heart Hospital on February 11 to attend a special Mass and Community Gathering in observance of the 19th Annual World Day of Prayer for the Sick. The Mass, celebrated by Bishop William Callahan (pictured here) of the Diocese of La Crosse, created solidarity with those in our community who are sick and suffering. It also recognized and showed appreciation for doctors, nurses and all care givers devoted to providing care – including family members.

Prior to the Mass, Bishop Callahan took the occasion to visit and bless some patients, including a 99-year-old woman who was admitted to the hospital for pneumonia. A large Community Gathering and celebration with Bishop Callahan followed the Mass, giving the Bishop the opportunity to mingle with community members, hospital colleagues and patients, many of whom also requested his special blessing.

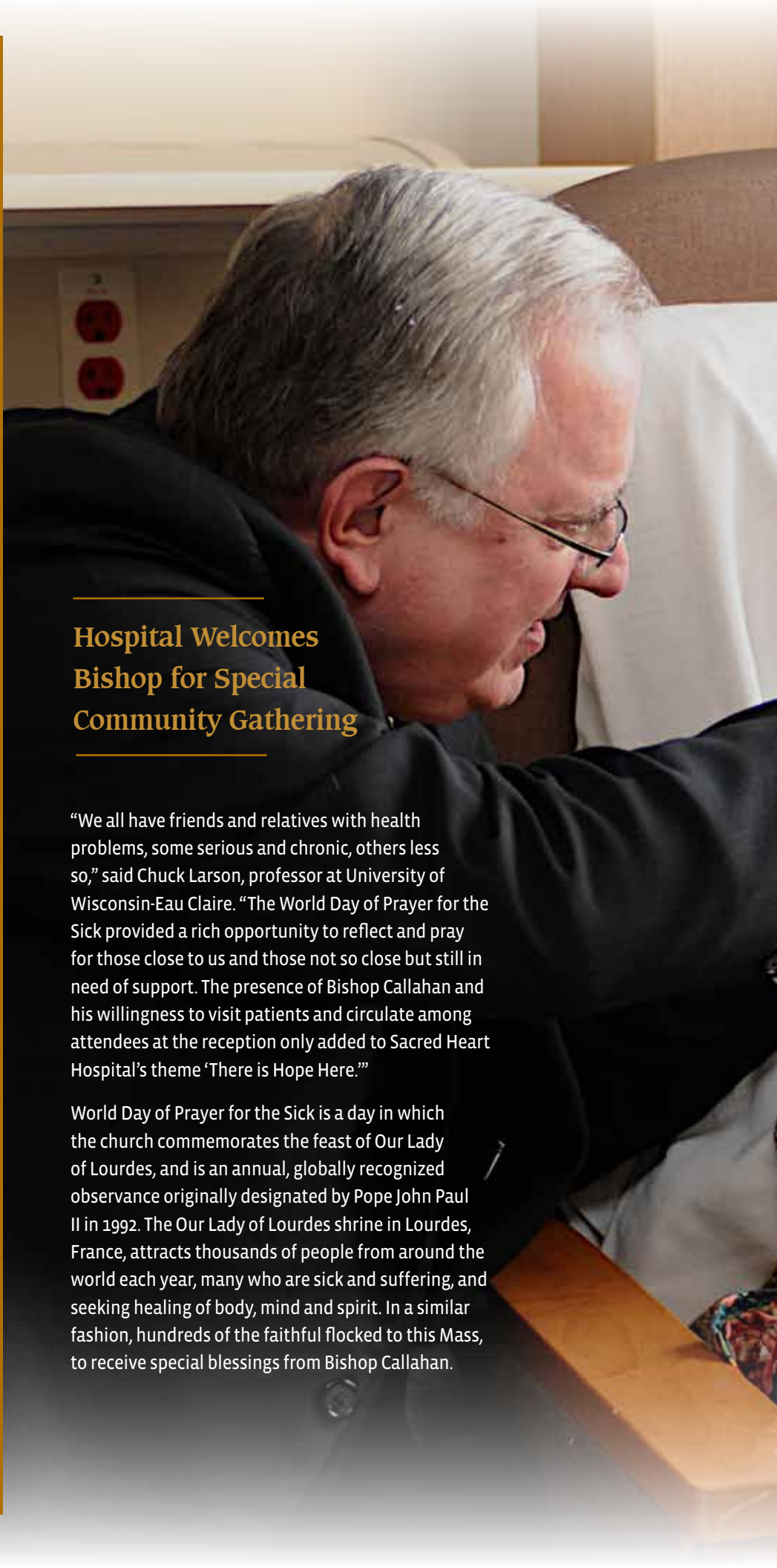
“This event was a marvelous opportunity to see the commonalities of all people. Community members and colleagues alike prayed for loved ones, hospital patients, clinic patients, and for the sick worldwide,” said Gerry Martinez, Palliative Care Counselor, Sacred Heart Hospital. “One should never underestimate the power of prayer.”

Bishop Callahan was also given a tour of Sacred Heart Hospital’s iMRI and iCT Smart Operating Suites, both one of only a few in the nation for brain, spine and trauma patients.

Hospital Welcomes Bishop for Special Community Gathering

“We all have friends and relatives with health problems, some serious and chronic, others less so,” said Chuck Larson, professor at University of Wisconsin-Eau Claire. “The World Day of Prayer for the Sick provided a rich opportunity to reflect and pray for those close to us and those not so close but still in need of support. The presence of Bishop Callahan and his willingness to visit patients and circulate among attendees at the reception only added to Sacred Heart Hospital’s theme ‘There is Hope Here.’”

World Day of Prayer for the Sick is a day in which the church commemorates the feast of Our Lady of Lourdes, and is an annual, globally recognized observance originally designated by Pope John Paul II in 1992. The Our Lady of Lourdes shrine in Lourdes, France, attracts thousands of people from around the world each year, many who are sick and suffering, and seeking healing of body, mind and spirit. In a similar fashion, hundreds of the faithful flocked to this Mass, to receive special blessings from Bishop Callahan.



"If every man is our brother, much more must be the sick, the suffering and those in need of care be at the center of our attention, so that none of them feels forgotten or emarginated." --His Holiness Benedict XVI



"Friday, February 11, 2011 will remain in my memory as one of the most priceless days of my life. We are all blessed to have Bishop Callahan as our diocesan shepherd, but to be blessed personally is beyond compare. His resounding homily in defense of the value of all human life, especially the lives of the sick and otherwise marginalized, is characteristic of the shining Christian witness of this man who, himself walking in the footsteps of St. Francis, is now leading us all to eternal life."

*Helen Valois, attendee
(pictured above)*

Ministering to patients Hospital Welcomes Threshold Singers

Each Thursday, Sacred Heart Hospital's Palliative Care Department is pleased to welcome the Threshold Singers, who honor the ancient tradition of singing at the bedsides of people who are struggling: some with living and some with dying. This is an opportunity for women to share the gifts of their voices for individuals at life's thresholds. At no cost, they sing in hospices, hospitals, nursing homes, and private homes, performing in small groups for one person at a time.

"The Threshold Singers have been such a comfort to patients at Sacred Heart," commented Jeanne Weggel, APNP, Palliative Care Coordinator, Sacred Heart Hospital. "Their soft, soothing music has brought calm and peace to those who are facing pain, loneliness or uncertainty. We are lucky to have their presence every week as part of the hospital's ministry to patients and family members."

Referrals for the Threshold Singers can be made by contacting Ann McKinley at 715-836-9498 or Denise Madland at 715-839-7370.



The Threshold Singers performed a musical version of the Prayer of St. Francis on Sacred Heart's 5th Floor.

ATTENTION

Colleagues

Please remember to use your new mugs

Beginning March 1, Sacred Heart colleagues will need to use their 2011 Colleague Giving Campaign Mugs in the hospital's cafeteria.

Thanks to everyone who has participated!

244 colleagues have donated \$80,812.

If you have not participated yet, please

consider joining your Colleagues in helping reach the goal of \$88,000.



If you have not already picked up your mug or other gifts, please contact the Friends Office at 715-717-4925.

\$2,500 Educational Award Available to Colleagues

Under the Brain and Spine Institute Educational Enhancement Endowment Fund, select Sacred Heart colleagues may be eligible to apply for a new educational award.

An annual educational award of up to \$2,500 will be awarded for the purpose of enhancing the neurosciences program at Sacred Heart Hospital. Eligible colleagues are those working at Sacred Heart Hospital in the Brain & Spine Institute, neurology or neurosurgery, including stroke, critical care, rehabilitation and emergency services, in nursing, surgery or technical support.

Applications must be submitted to the Development Department by March 15, 2011. For more information, please contact your department director or call the Development Department at 715-717-4925.

Advocating local food efforts Colleagues meet state Secretary of Agriculture

Three colleagues from HSHS Division (Western Wisconsin) met with the newly appointed Wisconsin Secretary of Agriculture at a Momentum West Annual Meeting on February 3, 2011 to share about the Division's local food commitment of 15 percent of the combined hospitals' food budget. From left to right are Stacey Meinen, Foodservice Director, St. Joseph's Hospital, Rick Beckler, Director of Hospitality Services, Sacred Heart Hospital, Ben Brancel, recently appointed by Gov. Scott Walker as Wisconsin's Secretary of Agriculture, Trade and Consumer Protection, and Skip Gjolberg, Assistant Administrator, Rural Network Development, HSHS Division (Western Wisconsin) and a Momentum West legislative committee chair and board member.



Saving lives, giving hope

Hospital earns national honor for organ donation efforts



Sacred Heart Hospital representatives were honored January 20 in Madison for their work to improve organ donation rates. From left: Jill Ellefson, UW Health Organ Procurement Organization (OPO); Jason Randall, Kate Nulsen, Jenny Sabelko, Nancy Bates, Wendy Burkhardt and Jason Bryce, all of Sacred Heart Hospital; and Dr. Anthony D'Alessandro, UW Health OPO.

In Wisconsin, almost 1,700 people are on the organ waiting list, with 40 percent under age 50, and 31 percent under age 18. As 1 of 307 hospitals in the country to receive the honor, the U.S. Department of Health and Human Services Organ Transplantation Breakthrough Collaborative recently recognized Sacred Heart Hospital with the National Medal of Honor for its work to improve organ donation rates in Wisconsin.

To receive this recognition, hospitals must achieve a 75-percent donation rate. Topping that, Sacred Heart Hospital has achieved a 100% organ donation rate and a 33% organ donor after cardiac death rate. This means that 100% of all patients that were eligible to be an organ donor, became one. Sacred Heart Hospital has maintained a 100% organ donation rate since 2005. The national donation rate average for eligible patients becoming organ donors is 71%. Congratulations!

Fishing for a cause

Lake Wissota fundraiser benefits UCP

On Saturday, February 12, a team of HSHS Division (Western Wisconsin) colleagues braved the snowy conditions to participate in and support the annual United Cerebral Palsy ice fishing tournament on Little Lake Wissota. The fish did not cooperate but the gourmet dining was first class. Those that attended were: Mark Preston, Loren Lortscher, Andrew Bowman, Gil Padilla, Troy Forseth, Greg Adams, Brian Hedrington, Dr. Steve Steinmetz, Wade Rudolph, Mark Nelson, Randy Lathrop, Eric Theis and Mark Schwendinger. The team was skilled enough to win **4th place in the Crappie division**. Great Job!



Team Captains: Sacred Heart's Executive Chef Randy Lathrop (left) and Center for Cancer Care Dosimetrist Mark Schwendinger

Colleague wellness fair

Healthy Home Kicks off new season

On Tuesday, February 15, over 100 Sacred Heart colleagues visited the Love Your Heart Colleague Wellness Fair in the hospital's Community Auditorium. The fair featured refreshments, entertainment and door prizes, as well as interactive booths providing information about:

- Healthy Home
- Spirit of Women
- Employee Exercise Facility
- People Services
- Friends of Sacred Heart Hospital
- Center for Healthy Living
- Mindfulness Based Stress Reduction
- Employee Assistance Program/L.E. Phillips-Libertas Treatment Center
- Safe Kids
- Nutrition Services
- Chippewa Health Improvement Partnership

For more information on any of these subjects, please contact the Center for Healthy Living at 715-717-1600.



Hospital Cookbooks are Here

all proceeds benefit the United Way

Sacred Heart Hospital is proud to present "Recipes from the Heart", a collection of favorite dishes from the great kitchens of the Sacred Heart family. This cookbook is full of delicious recipes ranging from Appetizers and Soups to Breads and Desserts and everything in between. "On the Lighter Side" (new section) features low-fat, heart-healthy dishes. Don't miss this "Cookbook for a Cause." These books make great gifts and all proceeds benefit the United Way. Cookbooks are \$10 and are available in People Services. Payroll deduction is available. Bon appétit!

Volunteer Partners

Successful Purses for Nurses Sale

Sacred Heart Hospital's Volunteer Partners would like to offer their sincere appreciation for all who attended and purchased purses, billfolds, scarves, and other handy accessories at the Purses For Nurses Sale on Tuesday, February 9. It was a great success, as all of the \$898 profits will be used to enhance the mission of the Hospital Sisters. In addition, the Volunteer Partners would like to hear ideas about how to improve the event to make it beneficial for you: Please contact Volunteer Partners Board member, Barb Filla, at platinumbt@yahoo.com with improvement ideas and comments. Thank You!



benefit update

2010 Health Care Spending Account

The People Services Department would like to remind colleagues if they have 2010 Health Care Spending dollars remaining in their accounts they must complete and submit claim forms to Tri-Star Benefits Systems to receive reimbursement for qualified services between January 1 and March 15, 2011.

Example: if you have \$200 in your 2010 Health Care Spending Account through December 31, 2010 and if you have qualified expenses and/or services before March 15, 2011 those expenses will be reimbursed from your 2010 Health Care Spending Account.

Colleagues have until May 1, 2011 to submit claims for qualified expenses for both their Health Care Spending Account and Dependent Care Spending Account. Over-the-counter medications will no longer be a qualified expense.

Tax Deferred Annuity Contributions 2011 (403B)

Colleagues have the opportunity each year to contribute to a tax deferred annuity program or a 403b. The annual contribution for the 2011 tax deferred annuity is \$16,500 with an additional option of \$5,500 if 50 years old or more. The two tax deferred annuity companies selected by the Hospital Sisters Health Systems are Fidelity Investments, Inc and VALIC (Variable Annuity Life Insurance Company).

A 403(b) tax deferred annuity is a retirement savings program that allows eligible colleagues to set aside a portion of their income on a pre-taxed basis to supplement their regular pension and social security benefits. The contributions reduce current federal income taxes and in most cases also state income tax. Tax deferred annuity programs are an approach to financial planning which offers several advantages such as a substantial tax savings, systematic savings through the convenience of payroll deduction and flexible retirement options that offer a lifetime income.

Colleagues interested in more information regarding the tax deferred annuity companies can contact the People Services Department at Ex-4246.

Canticle is a Sacred Heart Hospital newsletter that appears on the second and fourth Tuesday of every month and is available internally on the hospital's Pillar Boards & Intranet. It is also distributed by email and mail, and posted under the Media Center link at www.sacredhearteauclaire.org. Please direct comments, suggestions or requests for email newsletter (e-*Canticle*) subscriptions by phone at (715) 717-4256; or by email to DPaulson@shec.hshs.org; or by writing the Communications Department, 900 West Clairemont Avenue, Eau Claire, WI 54701. A "canticle" is a sacred song and is a reminder of our Franciscan tradition, the Hospital Sisters' healing ministry and Joy (one of our Core Values). Our newsletter's name is a tribute to "The Canticle of the Sun," by St. Francis, which praises God for all creation.

